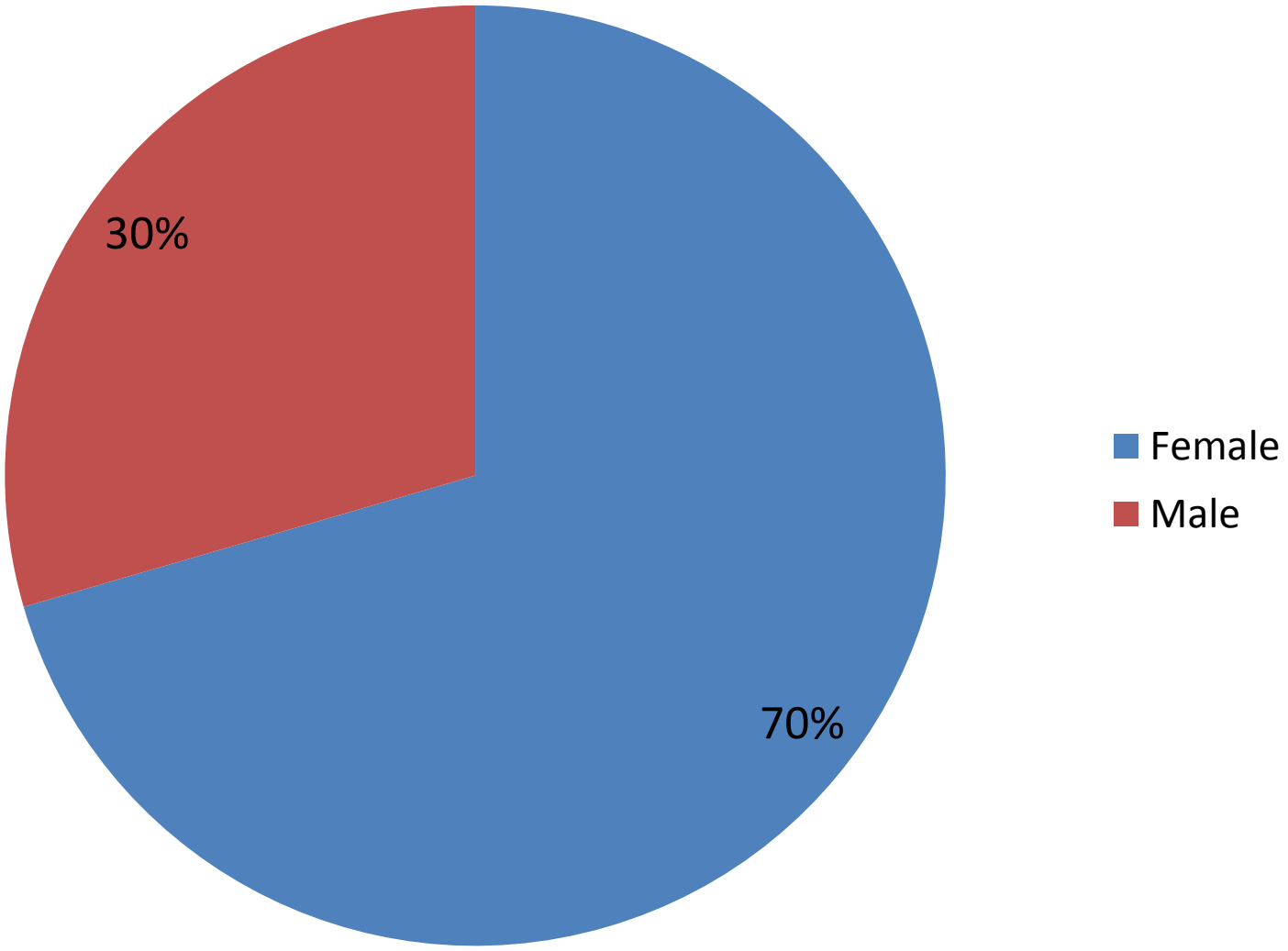
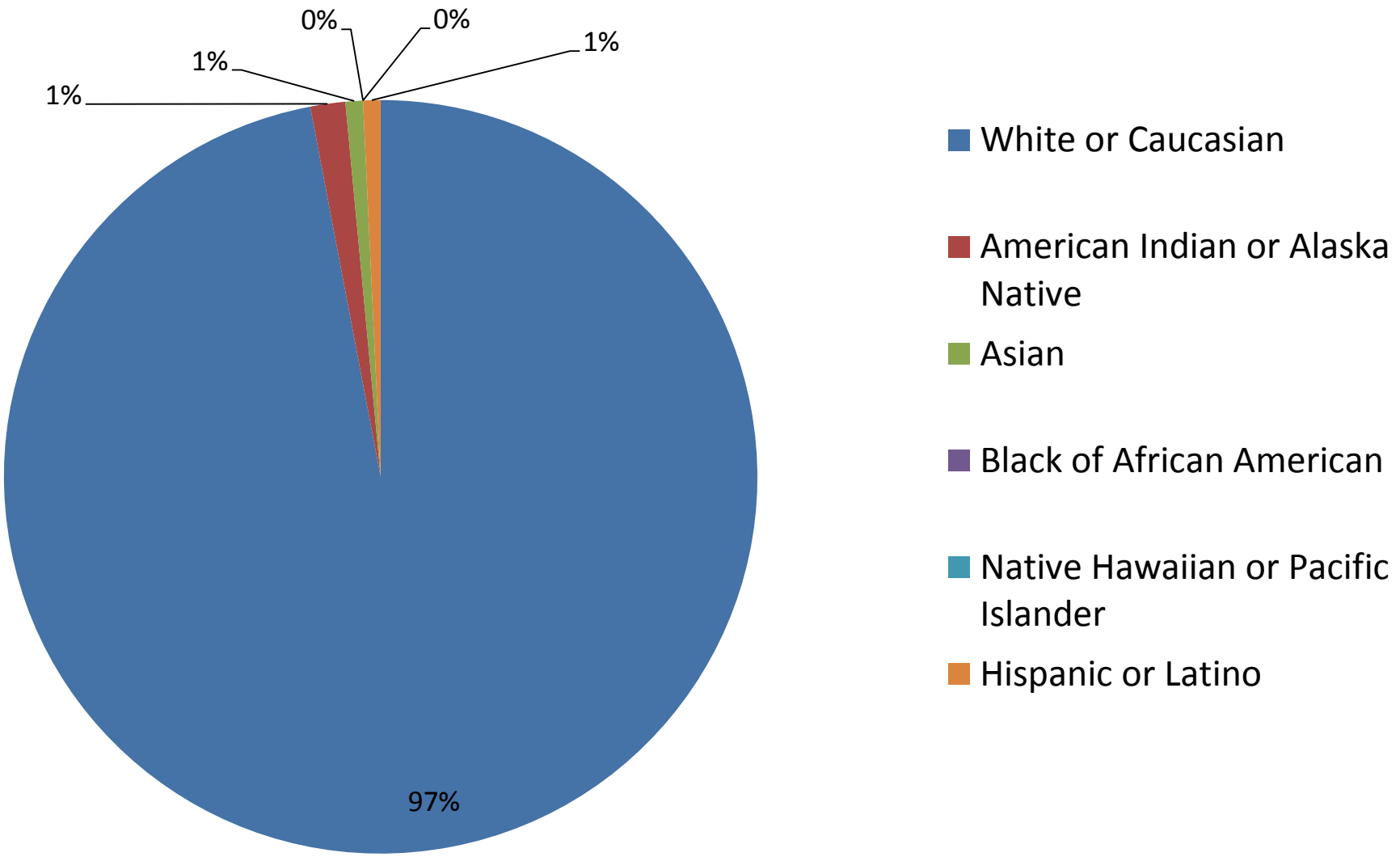
MINERAL COUNTY MONTANA

Community Health Assessment

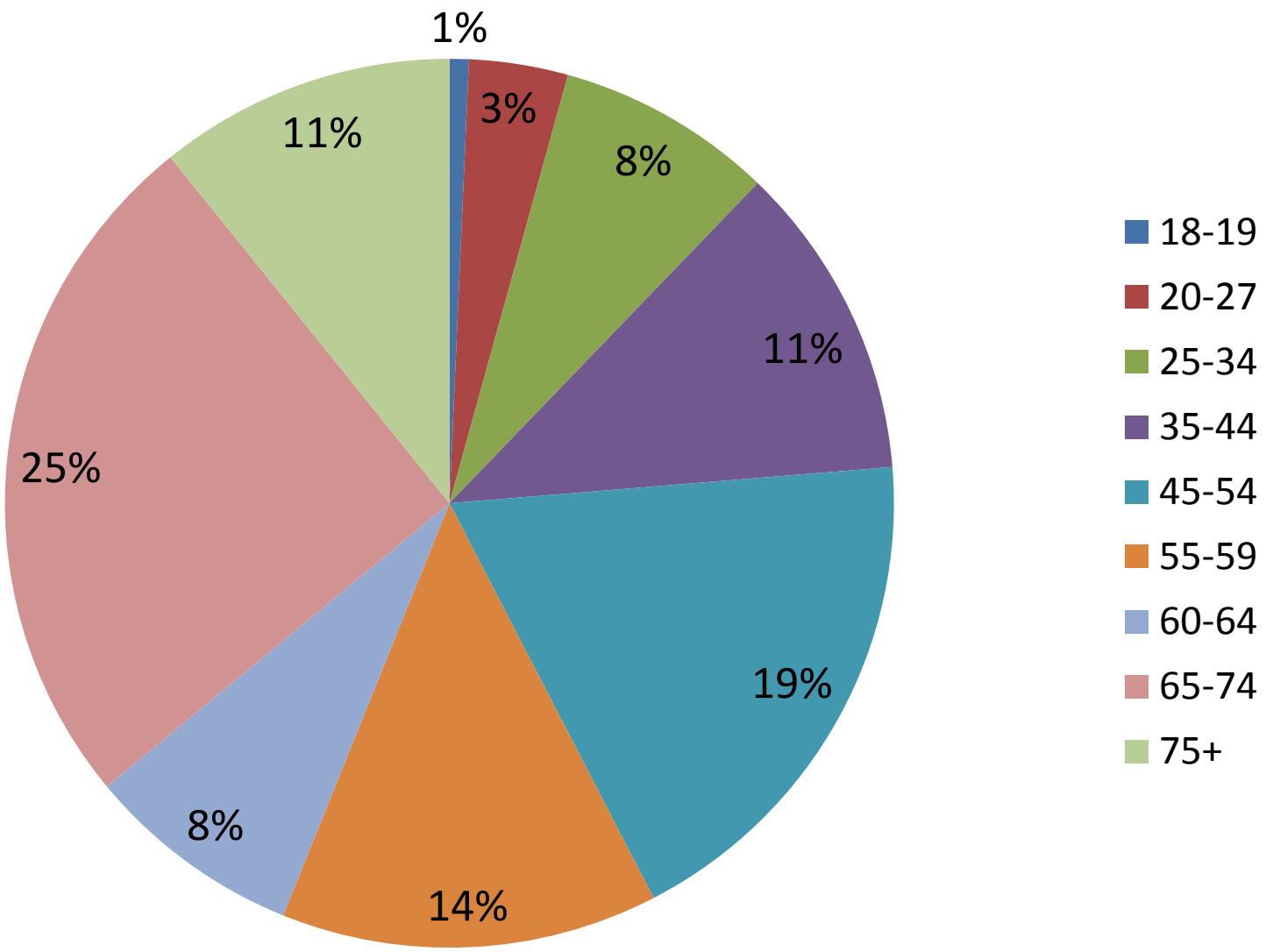
Respondents by Gender



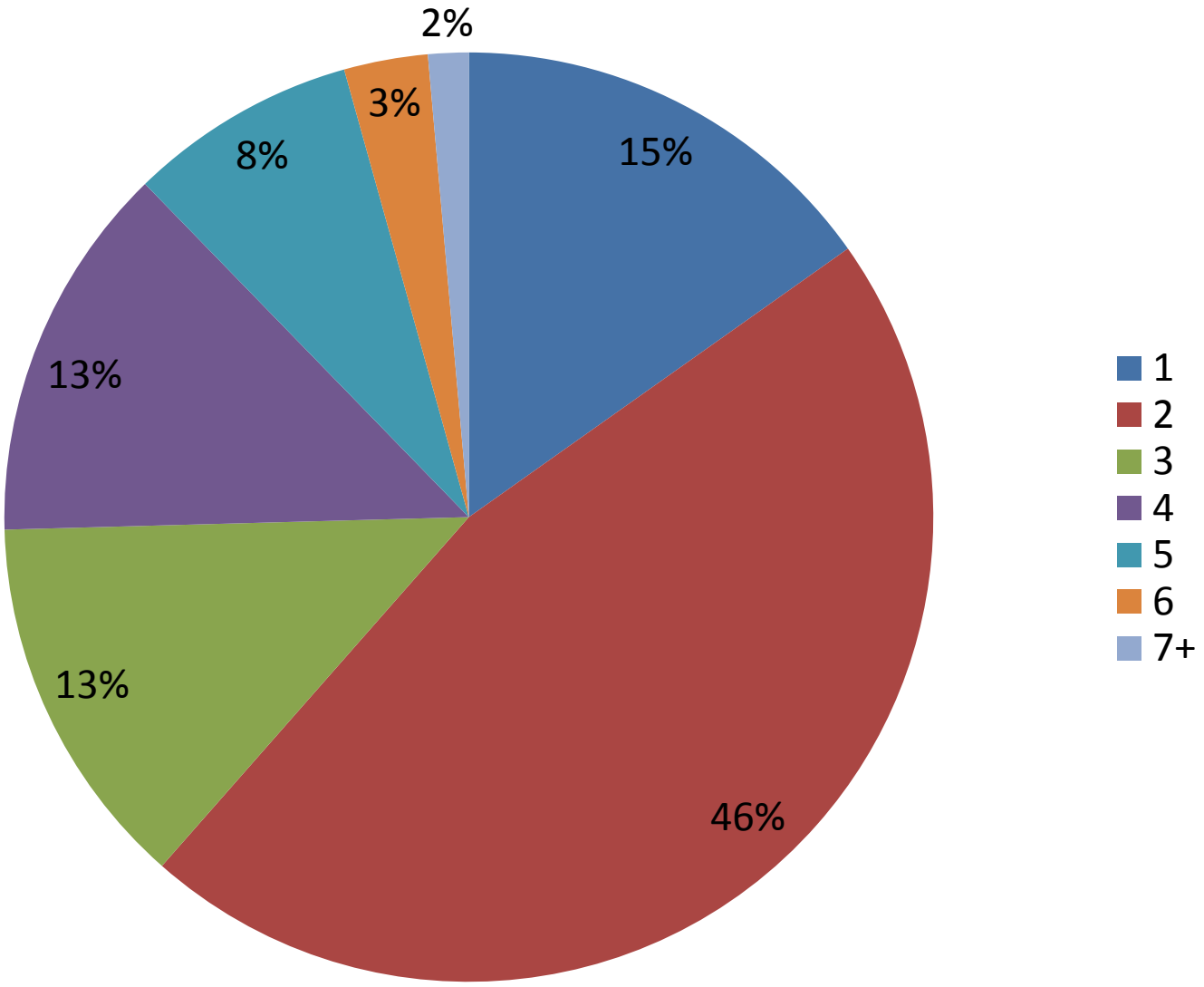
Respondents by Race/Ethnicity



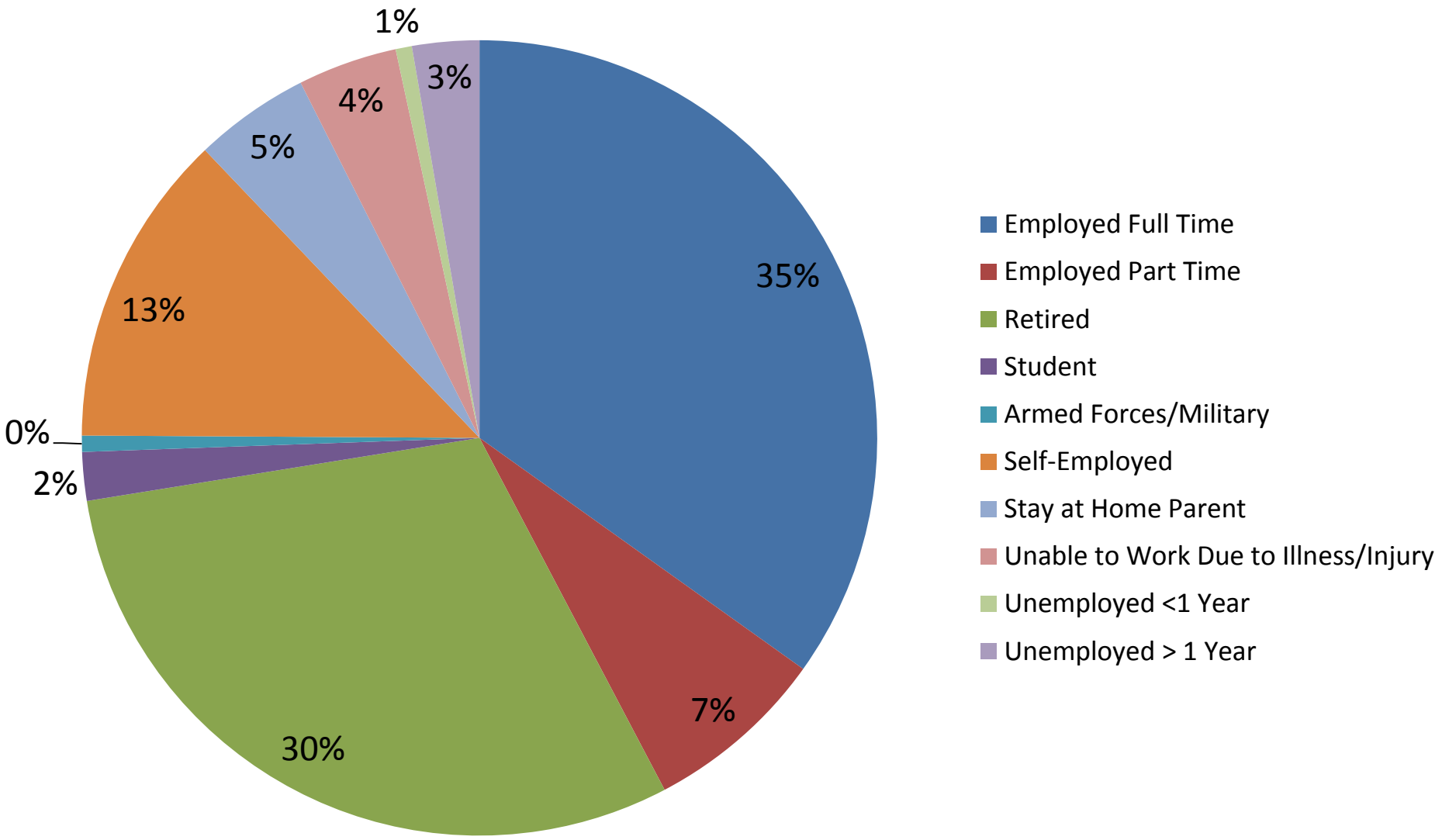
Respondents by Age



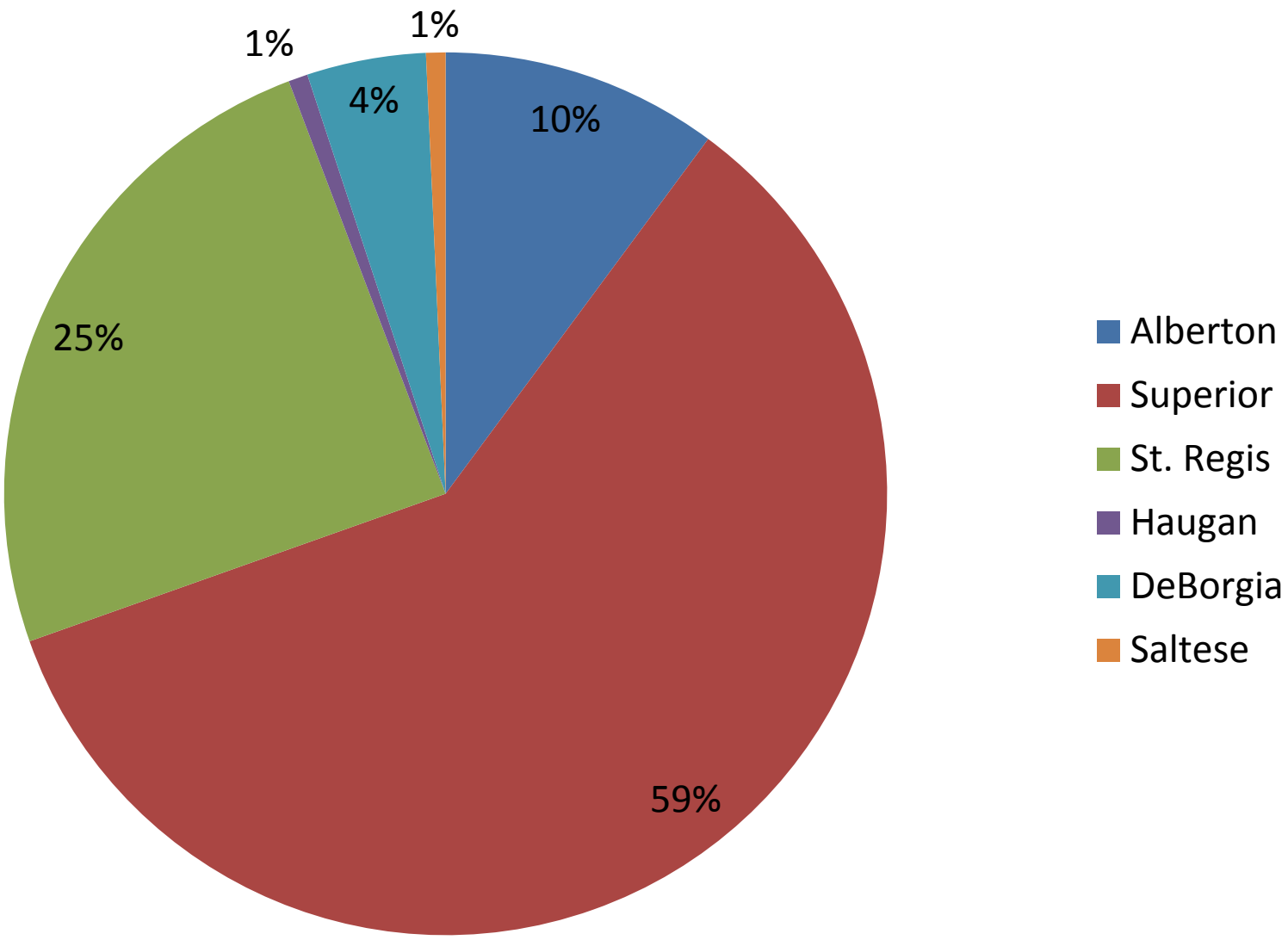
Respondents by Number Living in the Household



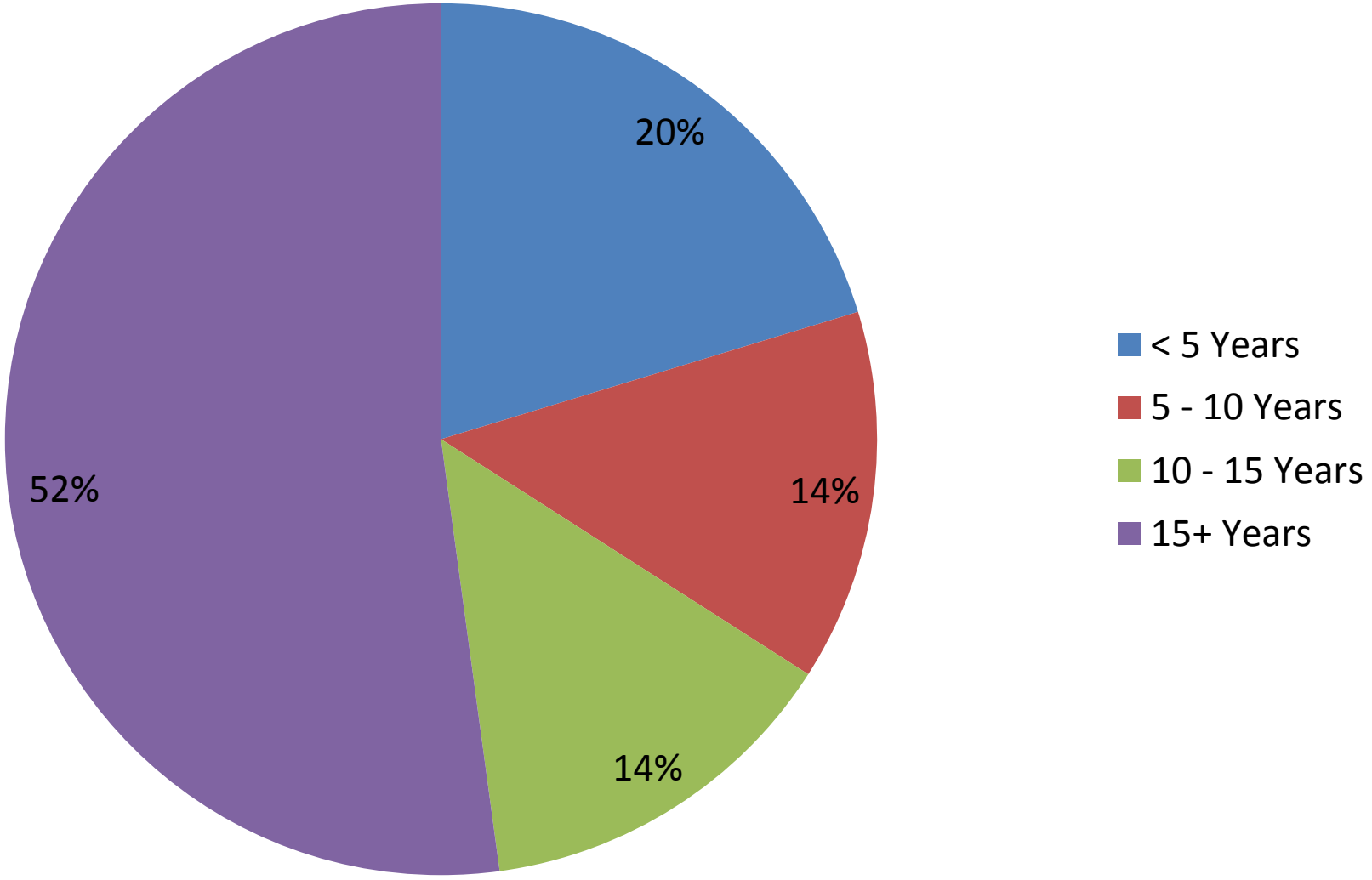
Respondents by Employment Status



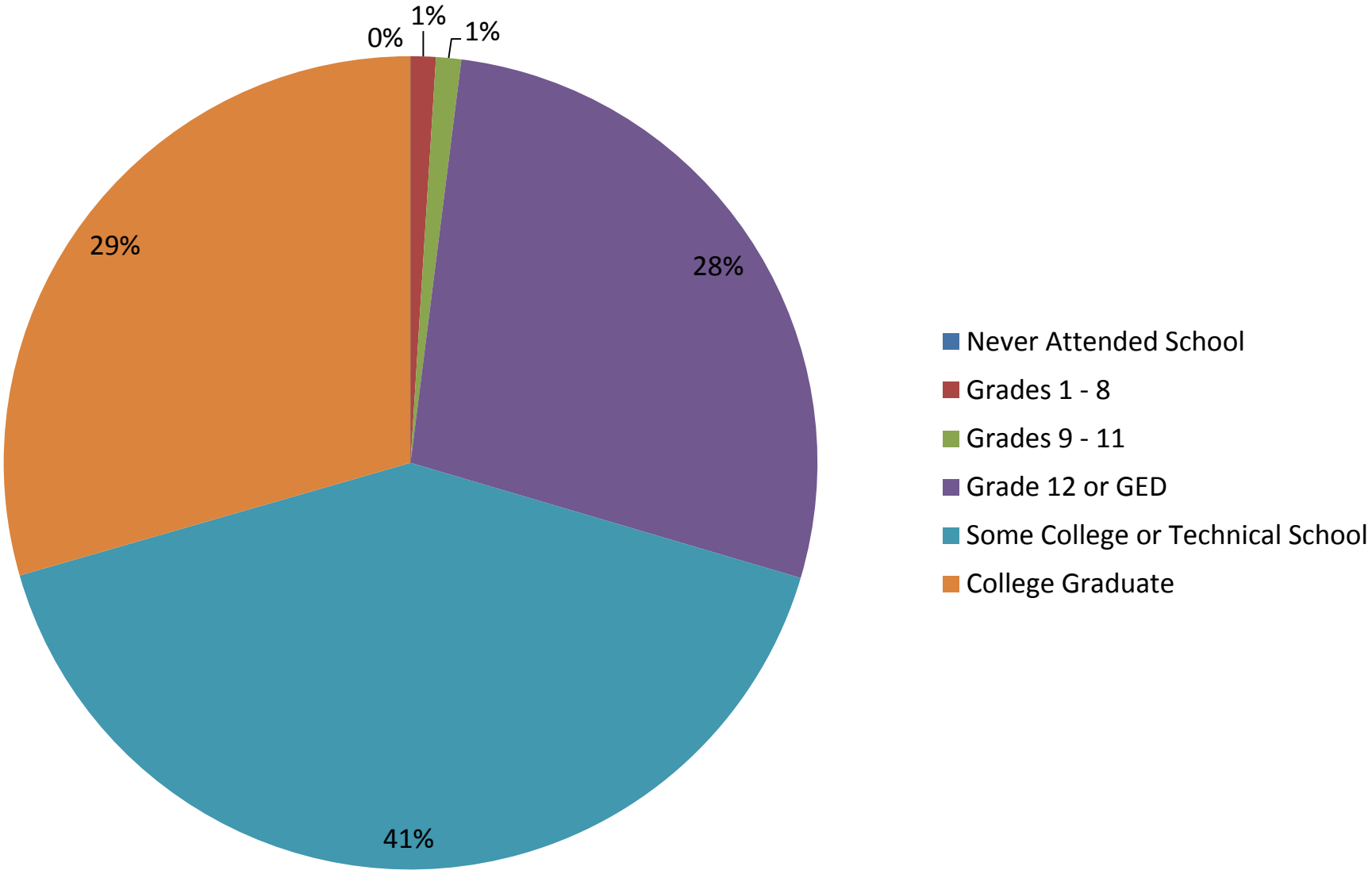
Respondents by Zip Code



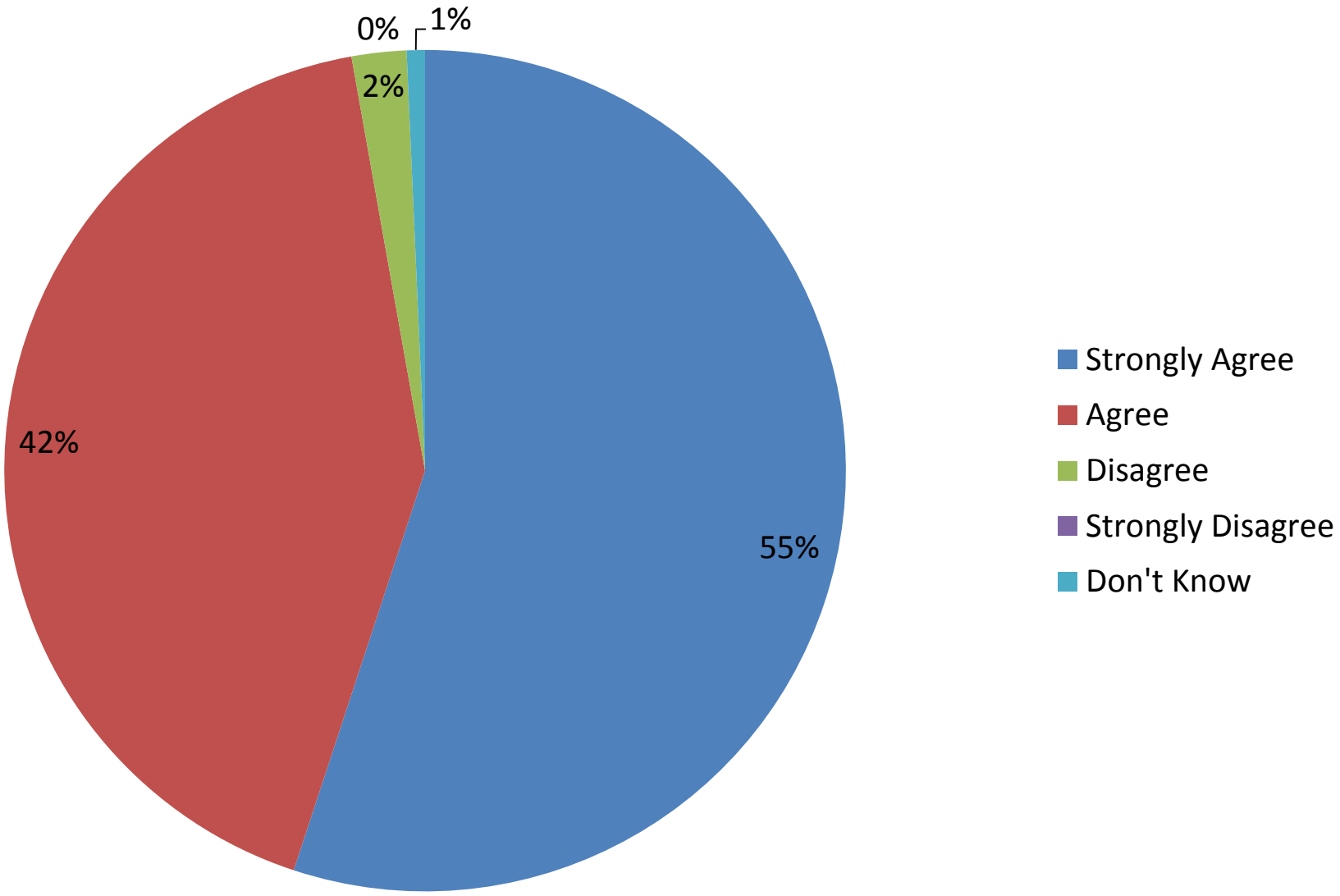
Respondents by Length of Time in the County

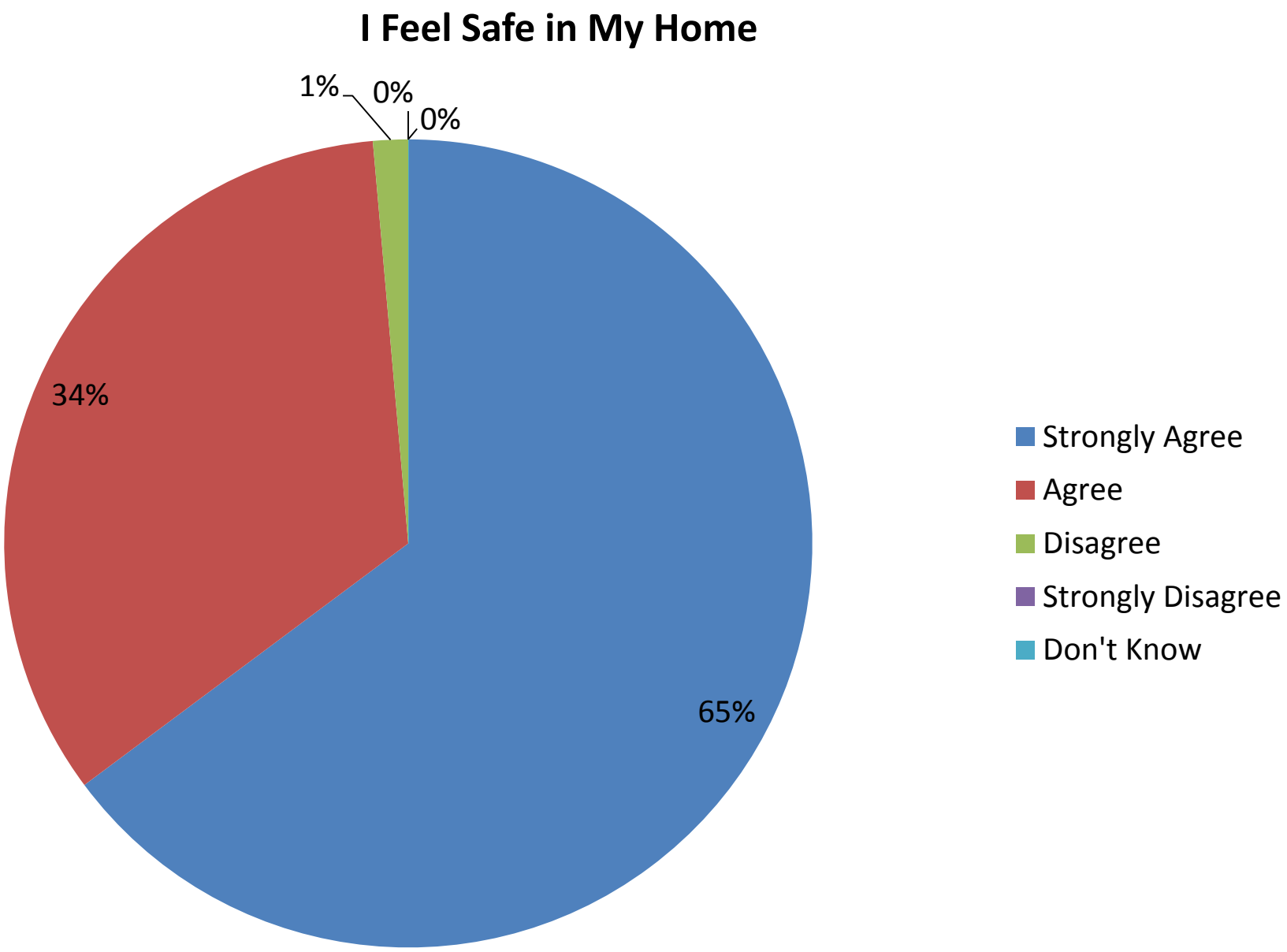


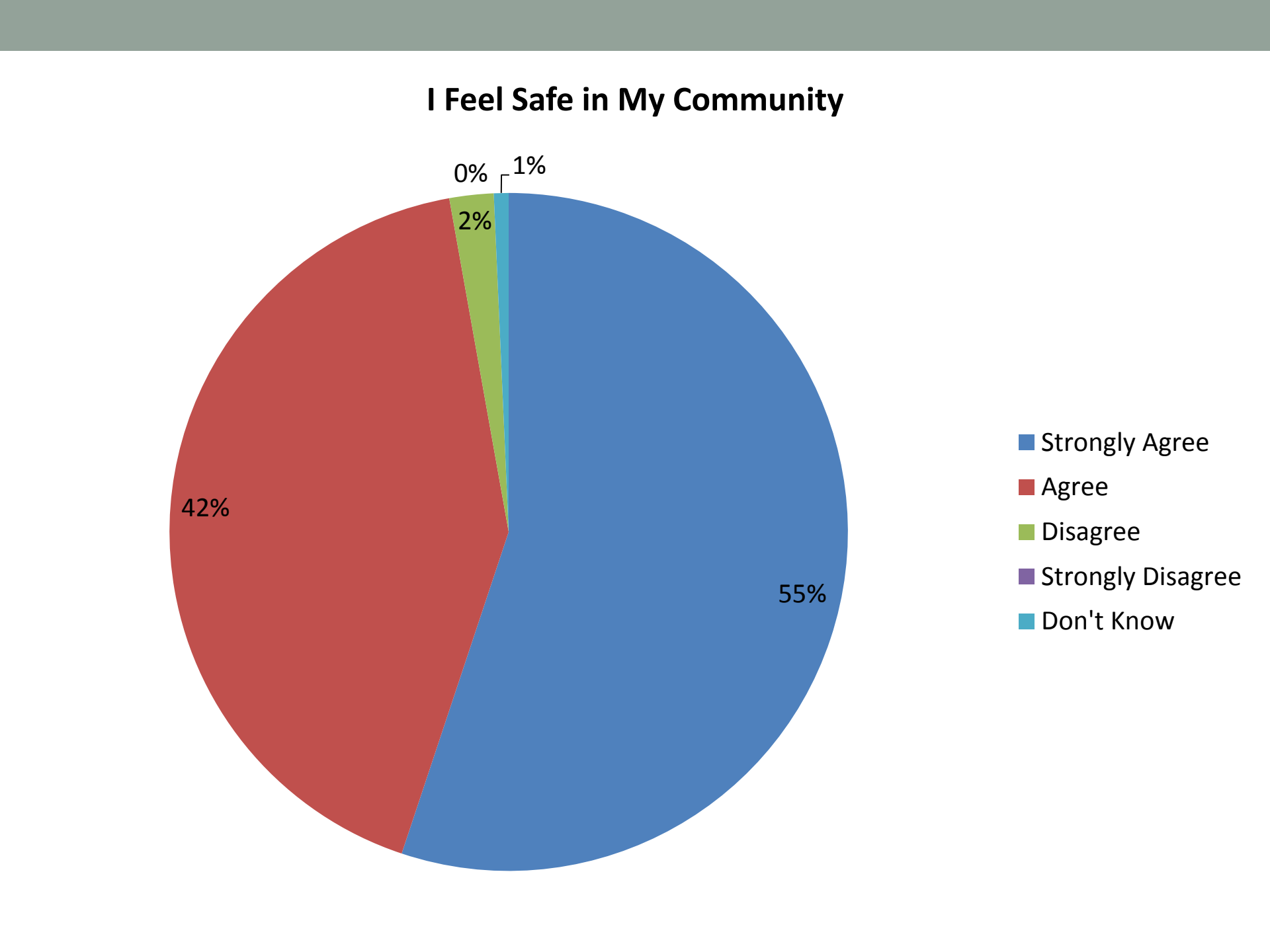
Respondents by Highest Level of Education Attained



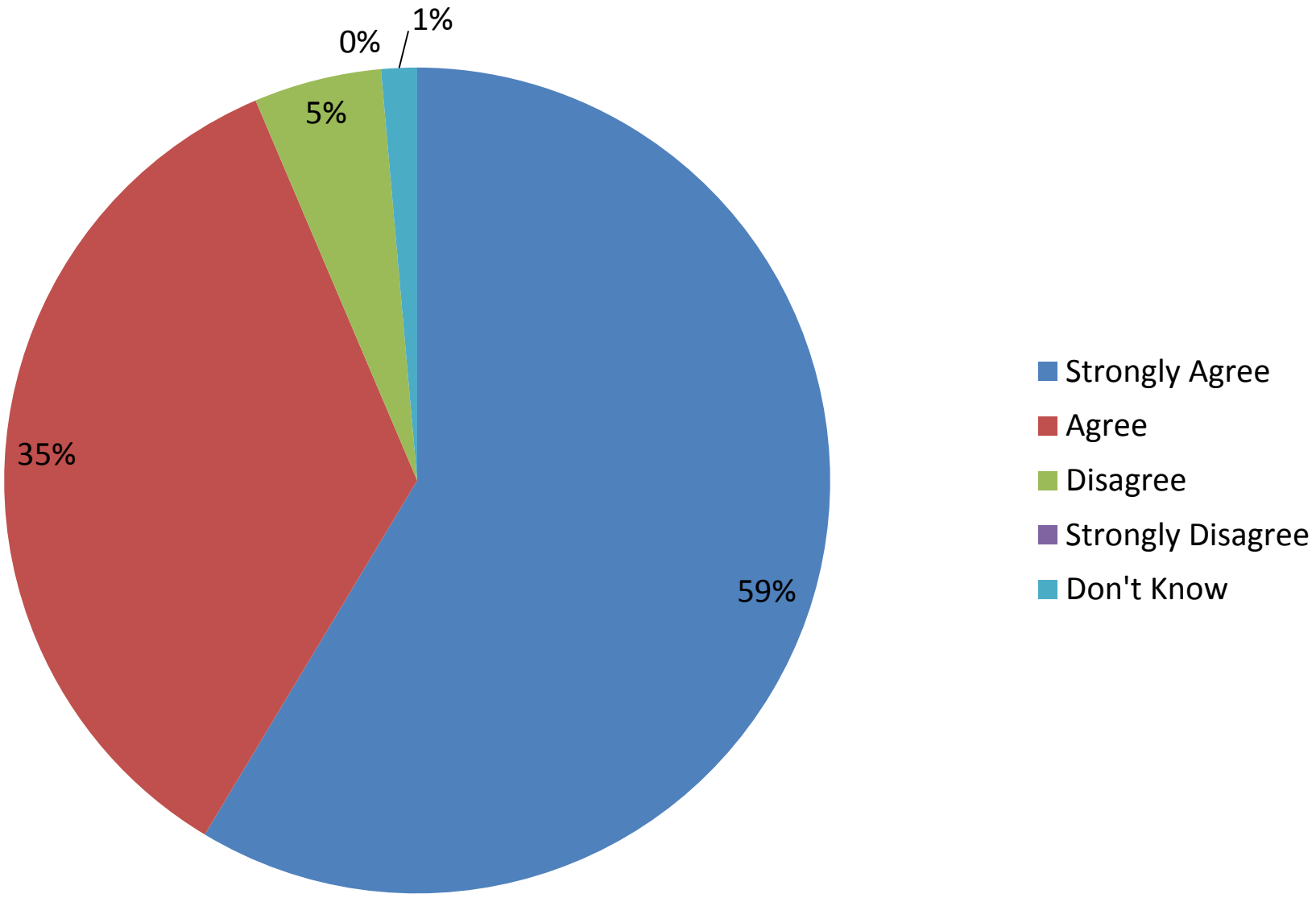
I Can Get the Health Care I Need in Mineral County



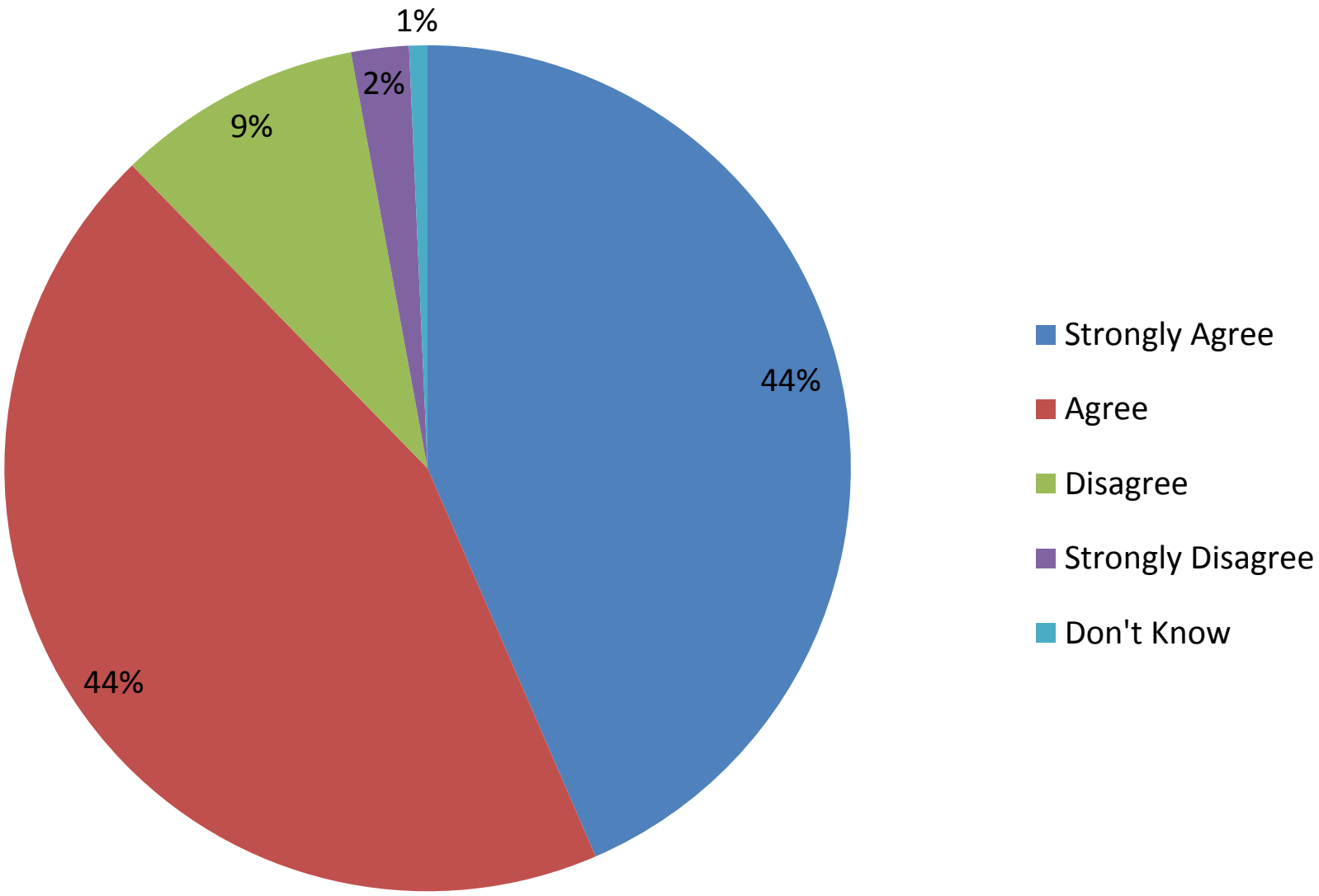

I Feel Safe in My Home
1%
0%
0%
34%
65%
Strongly Agree
Agree
Disagree
Strongly Disagree
Don't Know


I Feel Safe in My Community
0%
1%
2%
42%
55%
Strongly Agree
Agree
Disagree
Strongly Disagree
Don't Know

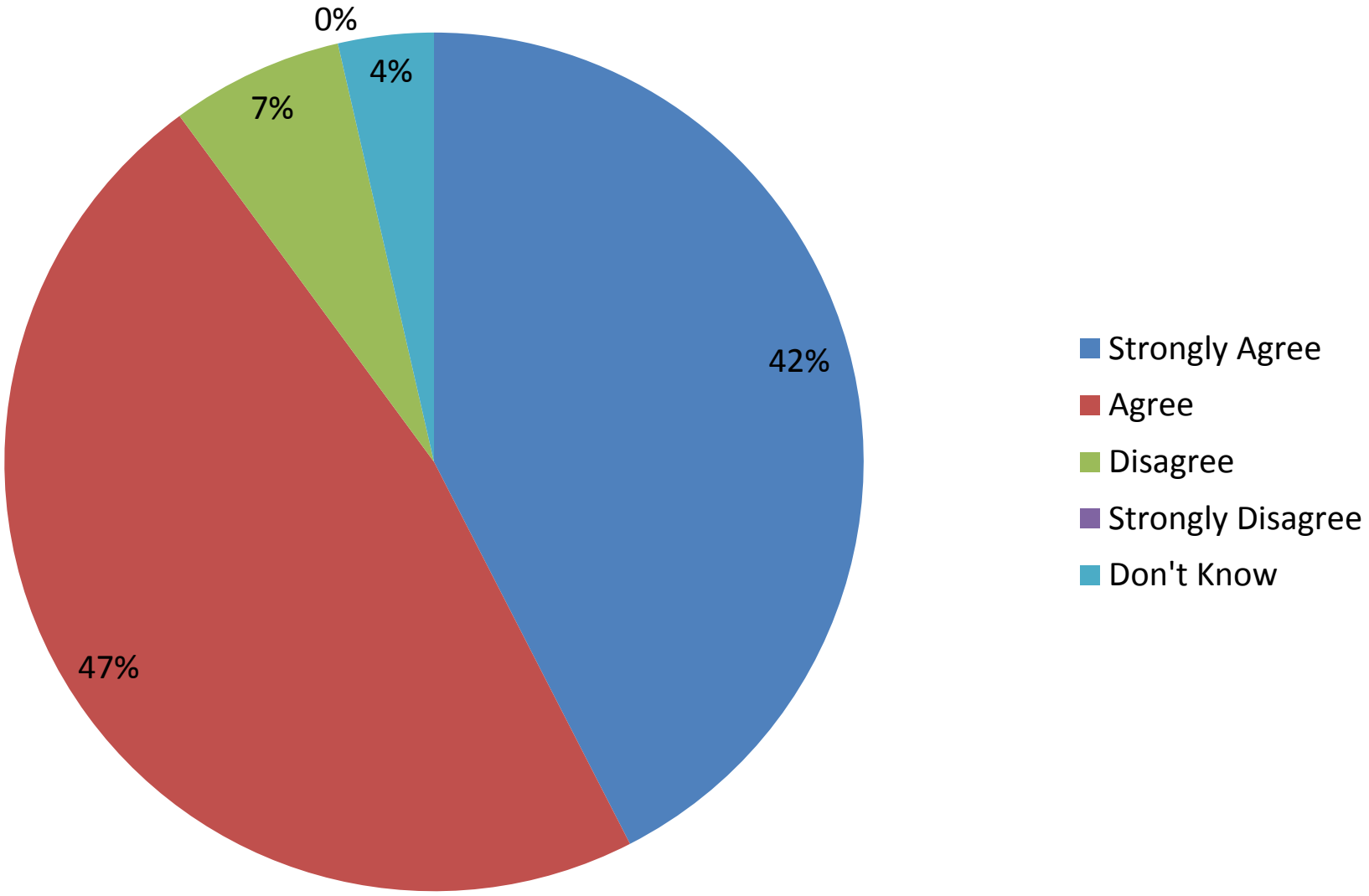
There are Places to be Physically Active Near My Home



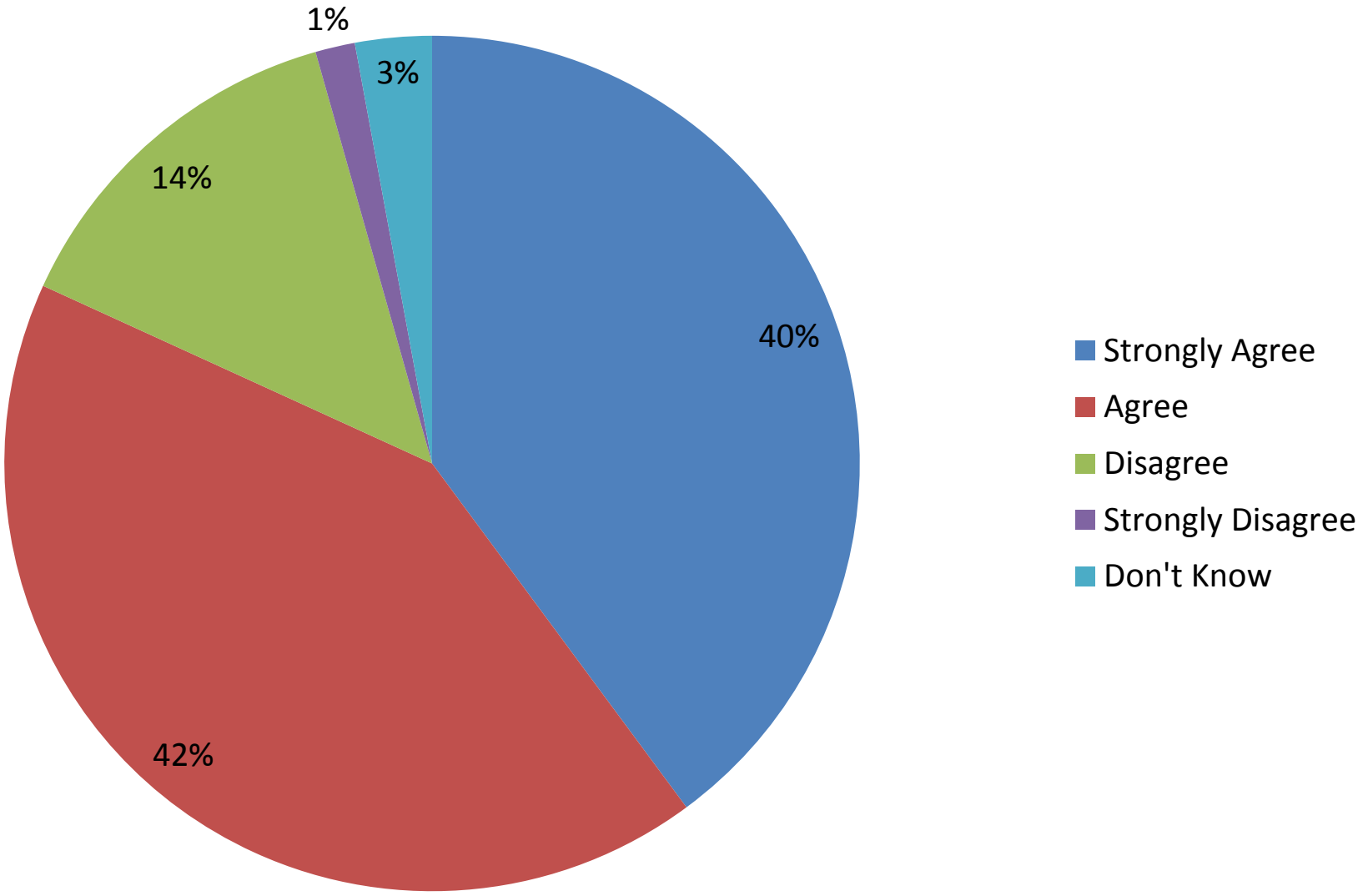
I Have Enough Resources to Meet My Basic Needs

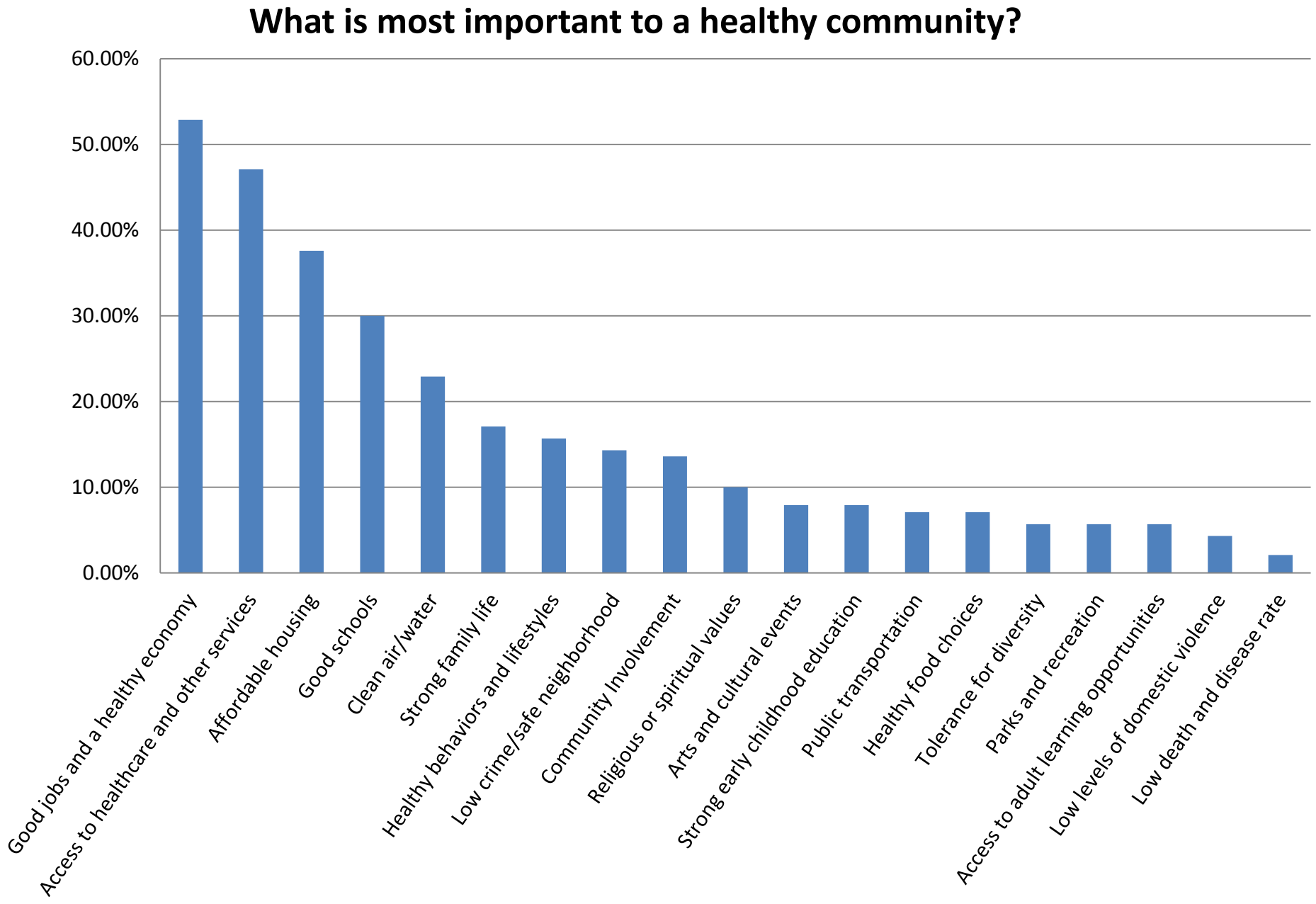


My Community is a Good Place to Raise Children

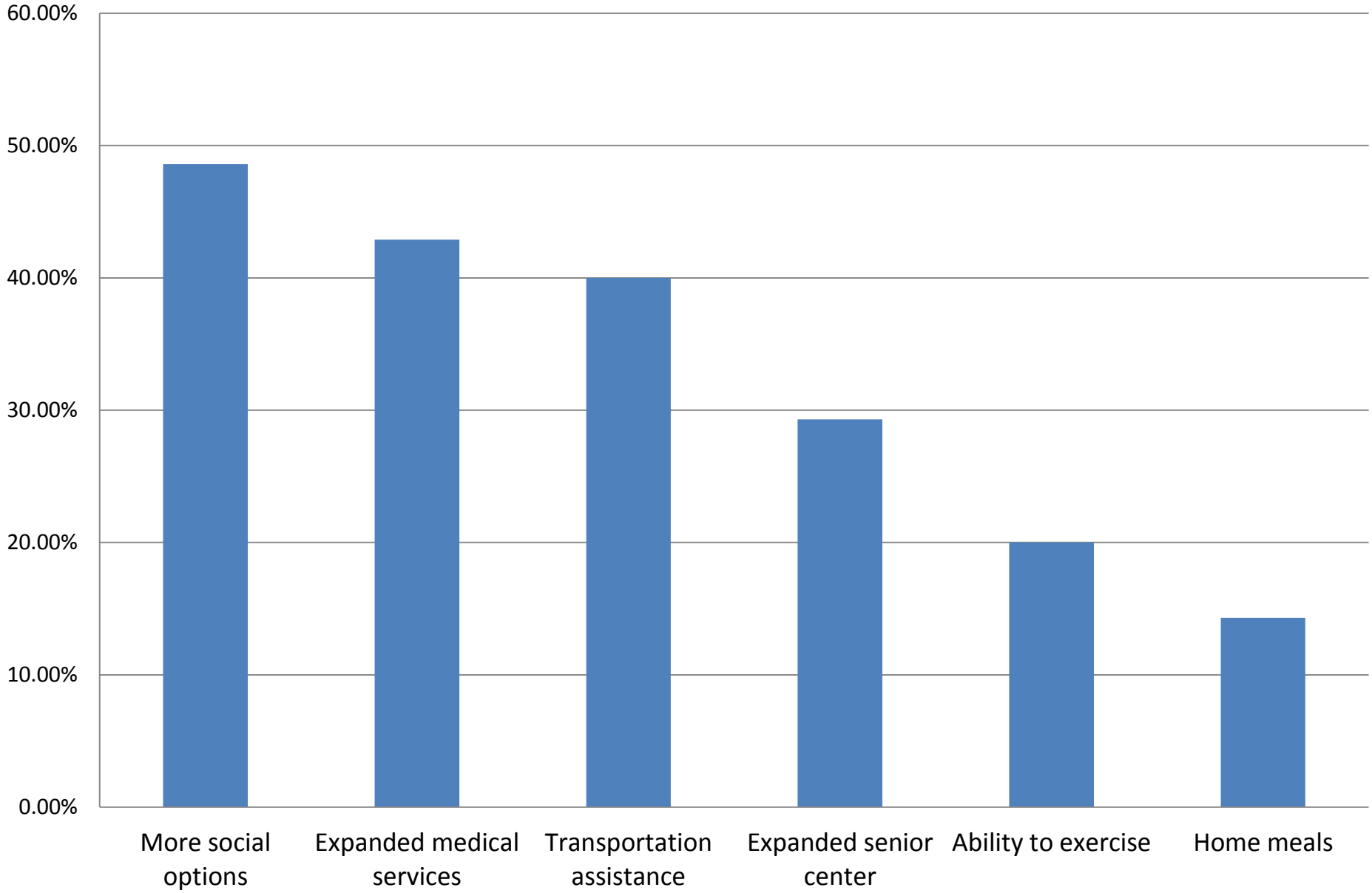


My Community is a Good Place to Grow Old

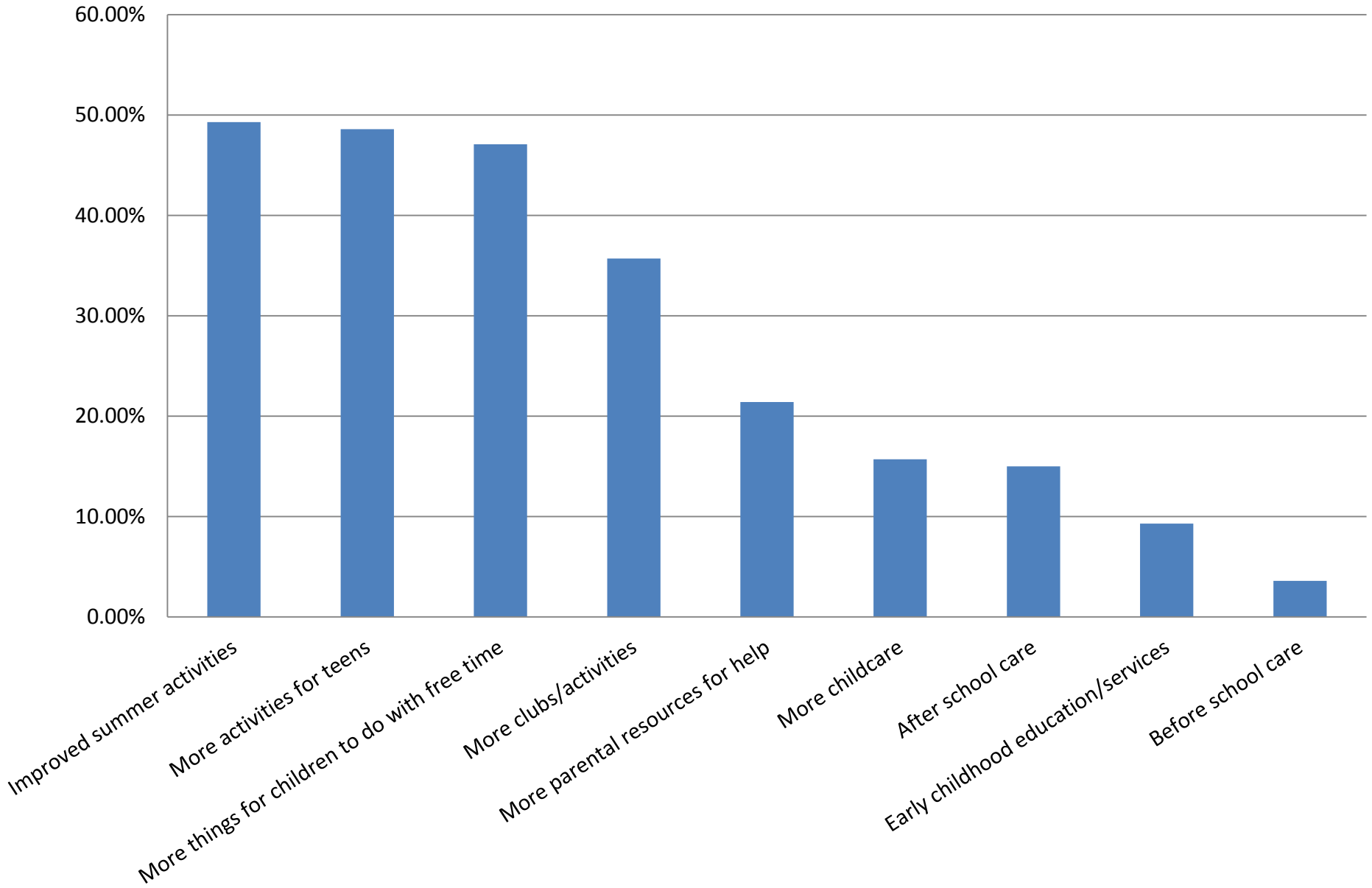



What is most important to a healthy community?
60.00%
50.00%
40.00%
30.00%
20.00%
10.00%
0.00%
Good jobs and a healthy economy
Access to healthcare and other services
Affordable housing
Good schools
Clean air/water
Strong family life
Healthy behaviors and lifestyles
Low crime/safe neighborhood
Community Involvement
Religious or spiritual values
Arts and cultural events
Strong early childhood education
Public transportation
Healthy food choices
Tolerance for diversity
Parks and recreation
Access to adult learning opportunities
Low levels of domestic violence
Low death and disease rate

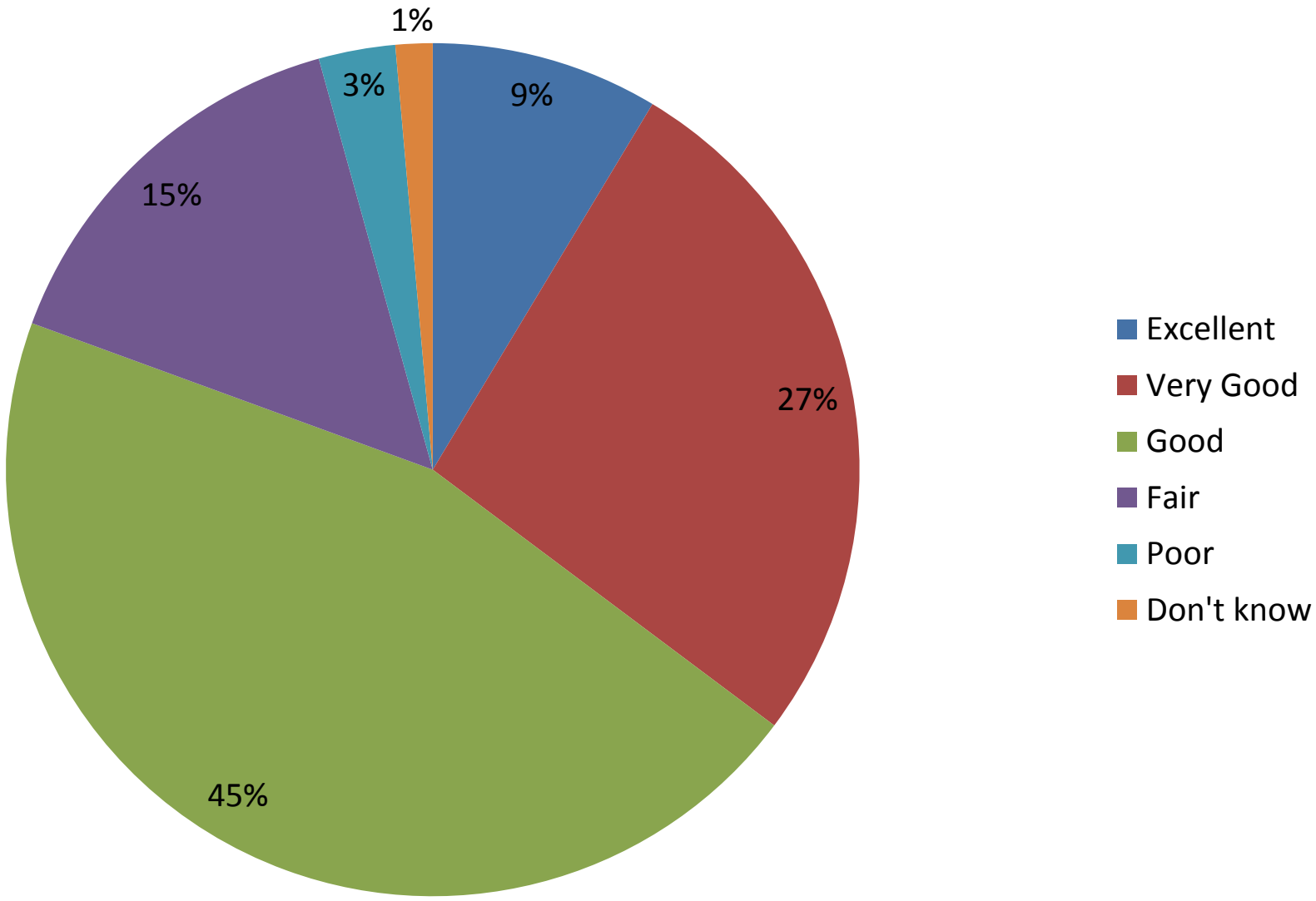
What would make our community a better place to grow old?



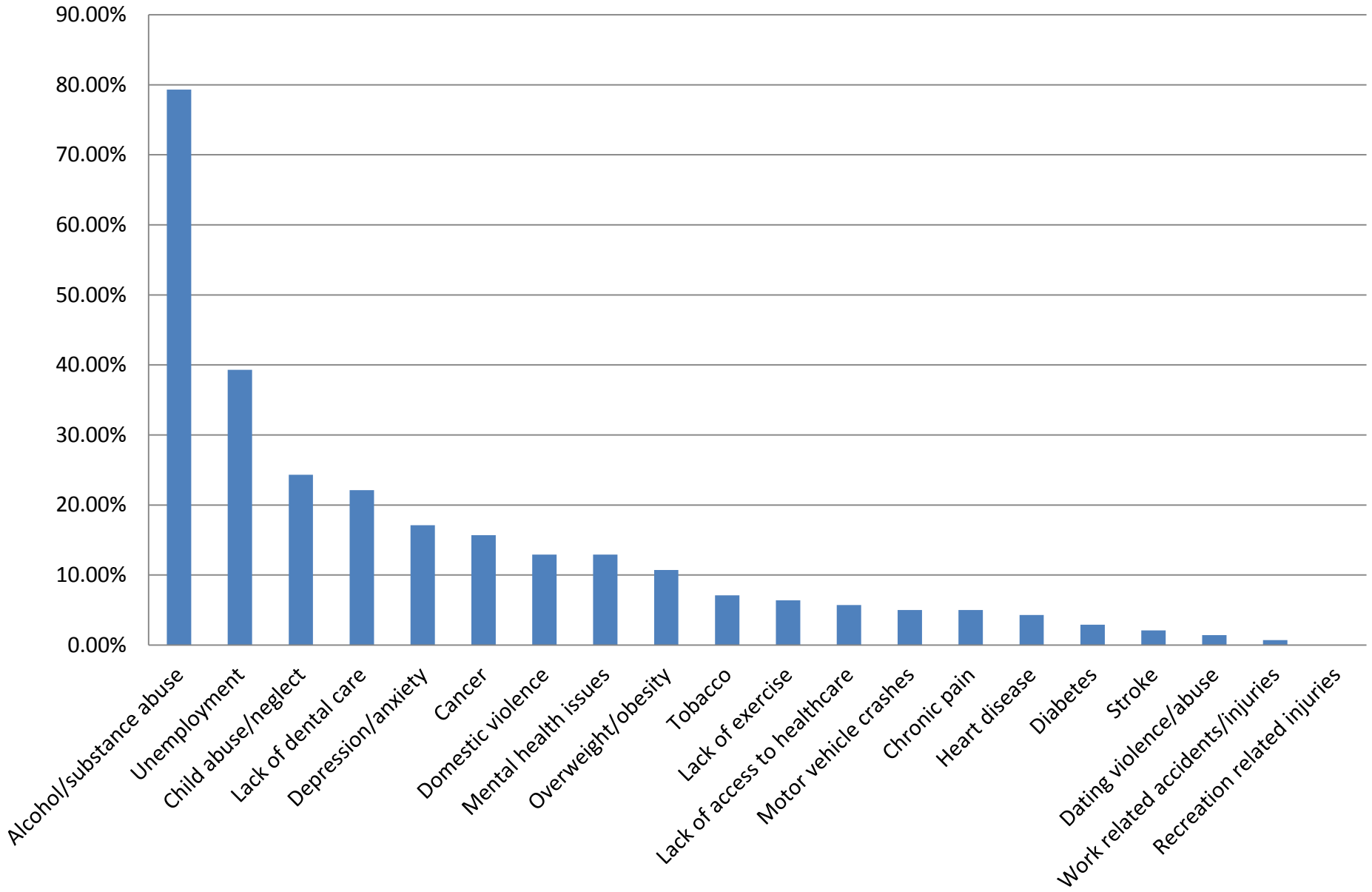
What would make our community a better place to raise children?

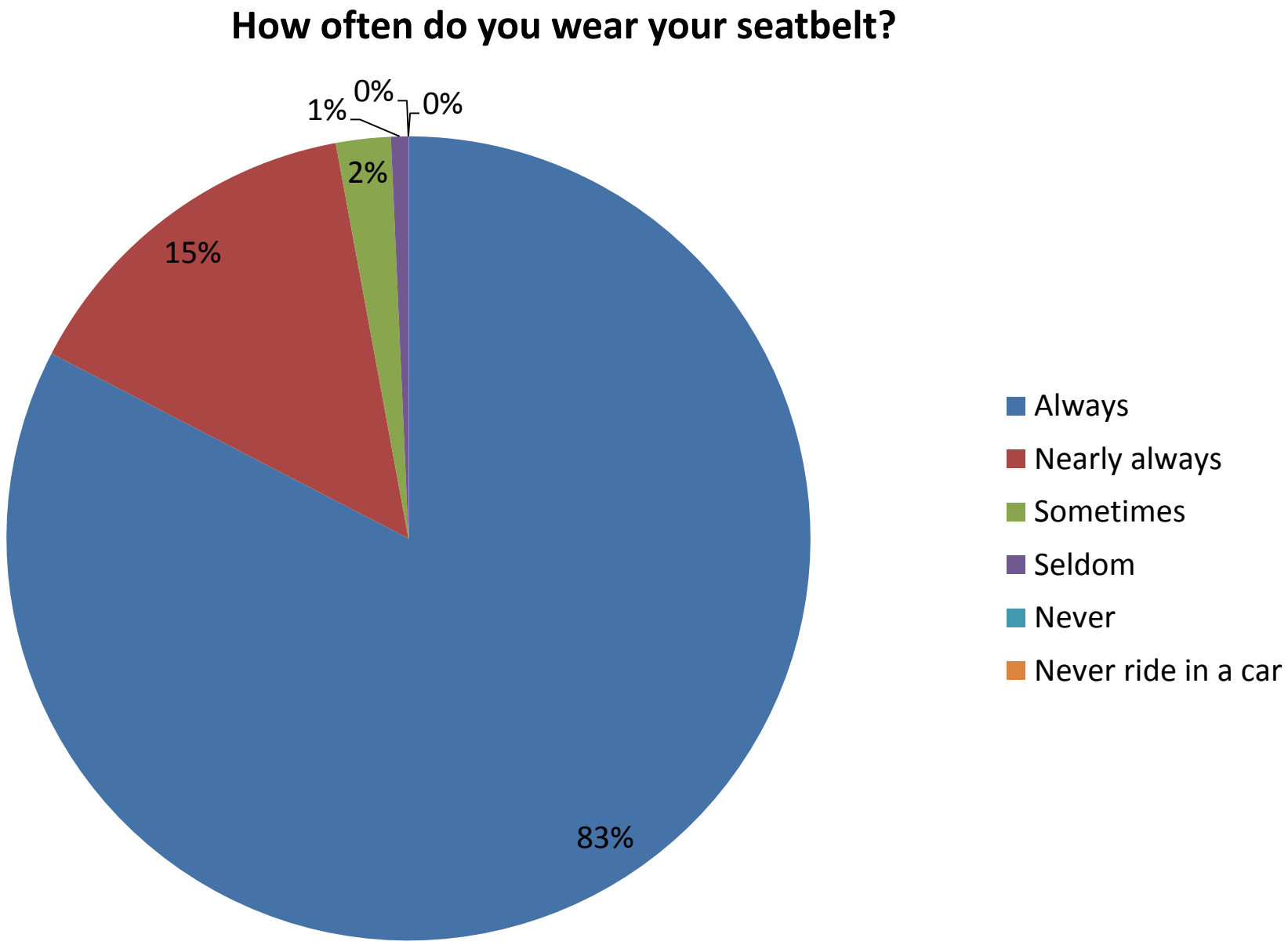


How would you describe your physical health?

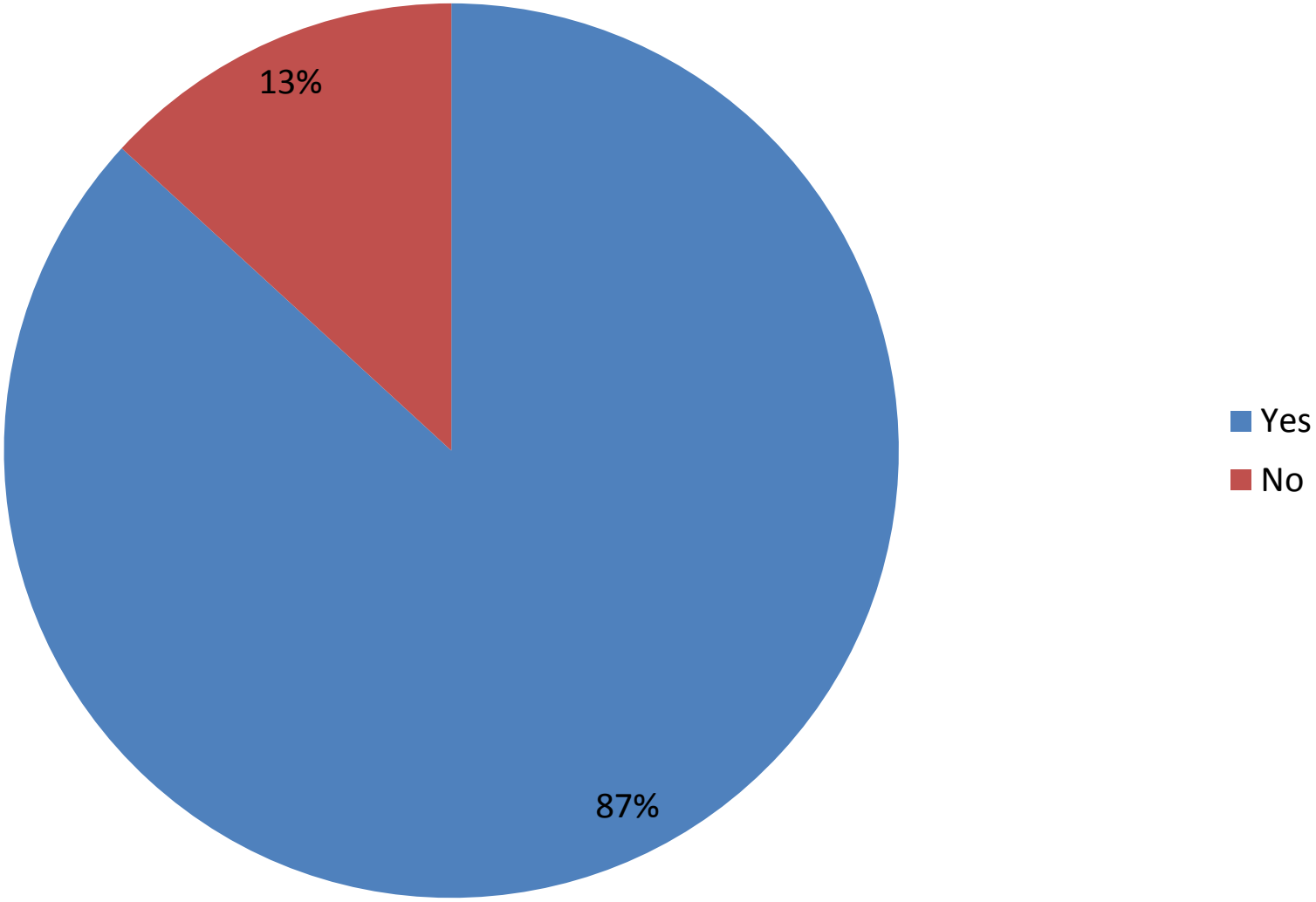


What are the Community's most serious health concerns?

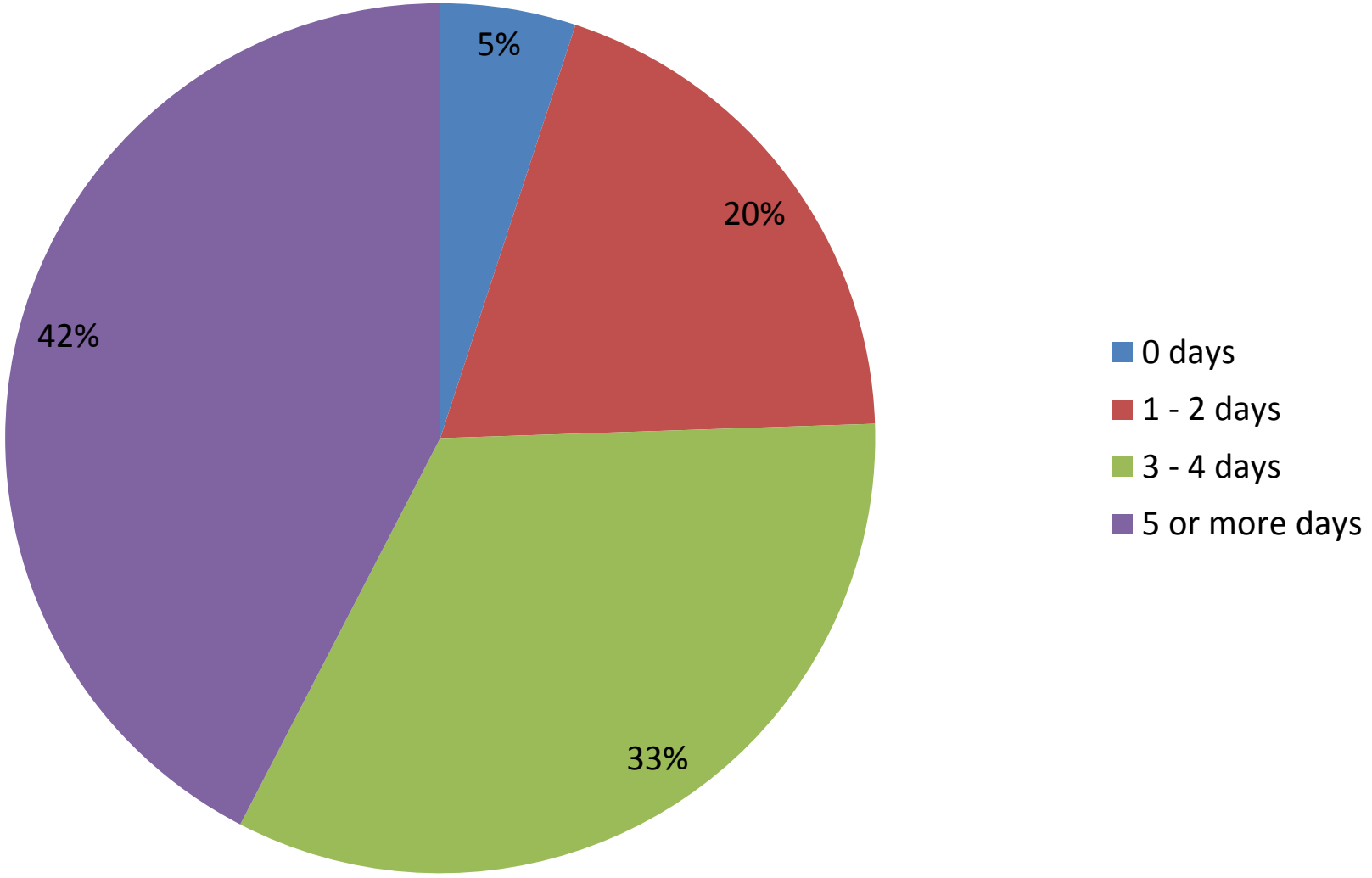



How often do you wear your seatbelt?
1%
0%
0%
2%
15%
83%
Always
Nearly always
Sometimes
Seldom
Never
Never ride in a car

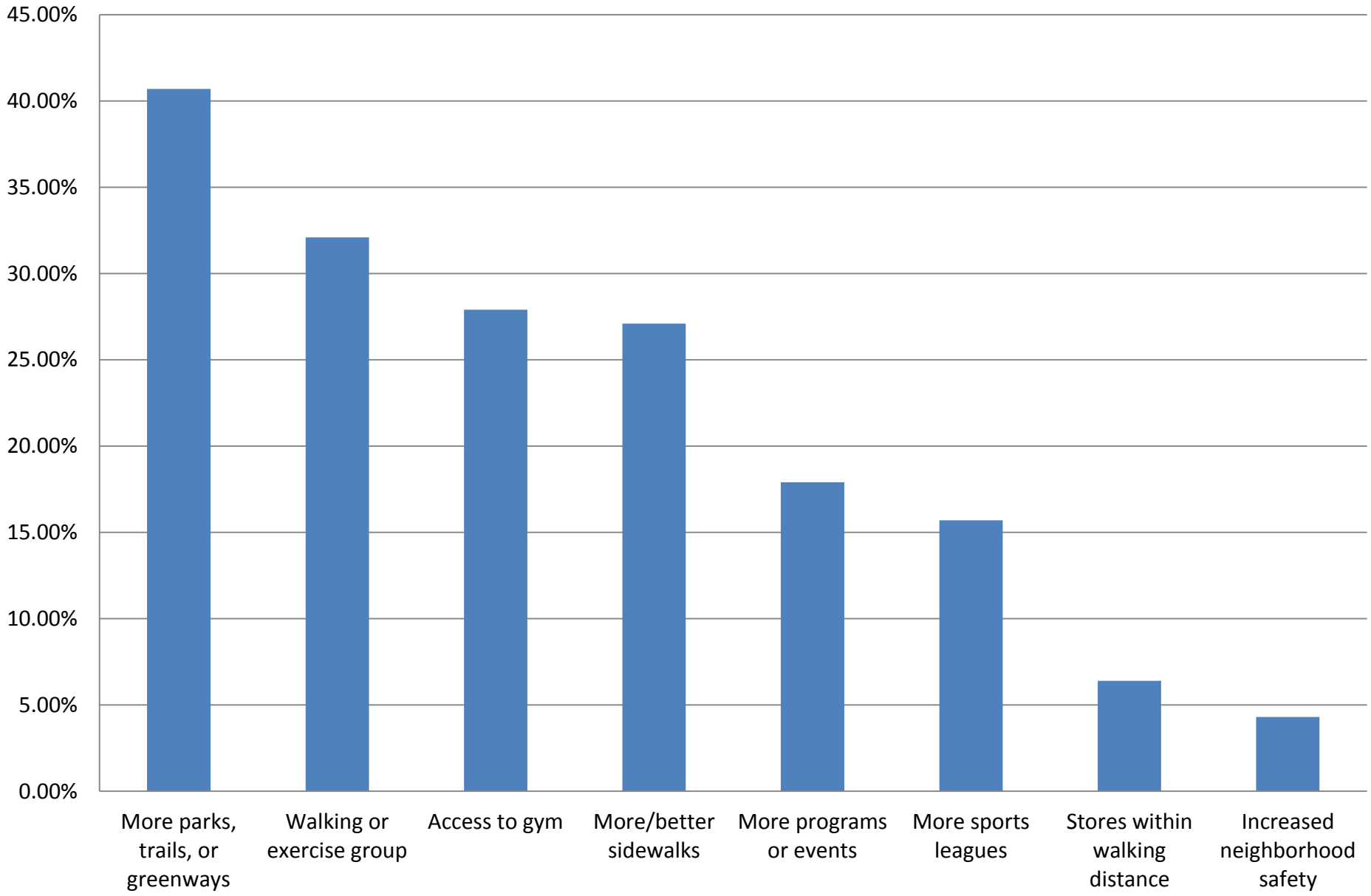
Have you participated in physical activity in the last month?



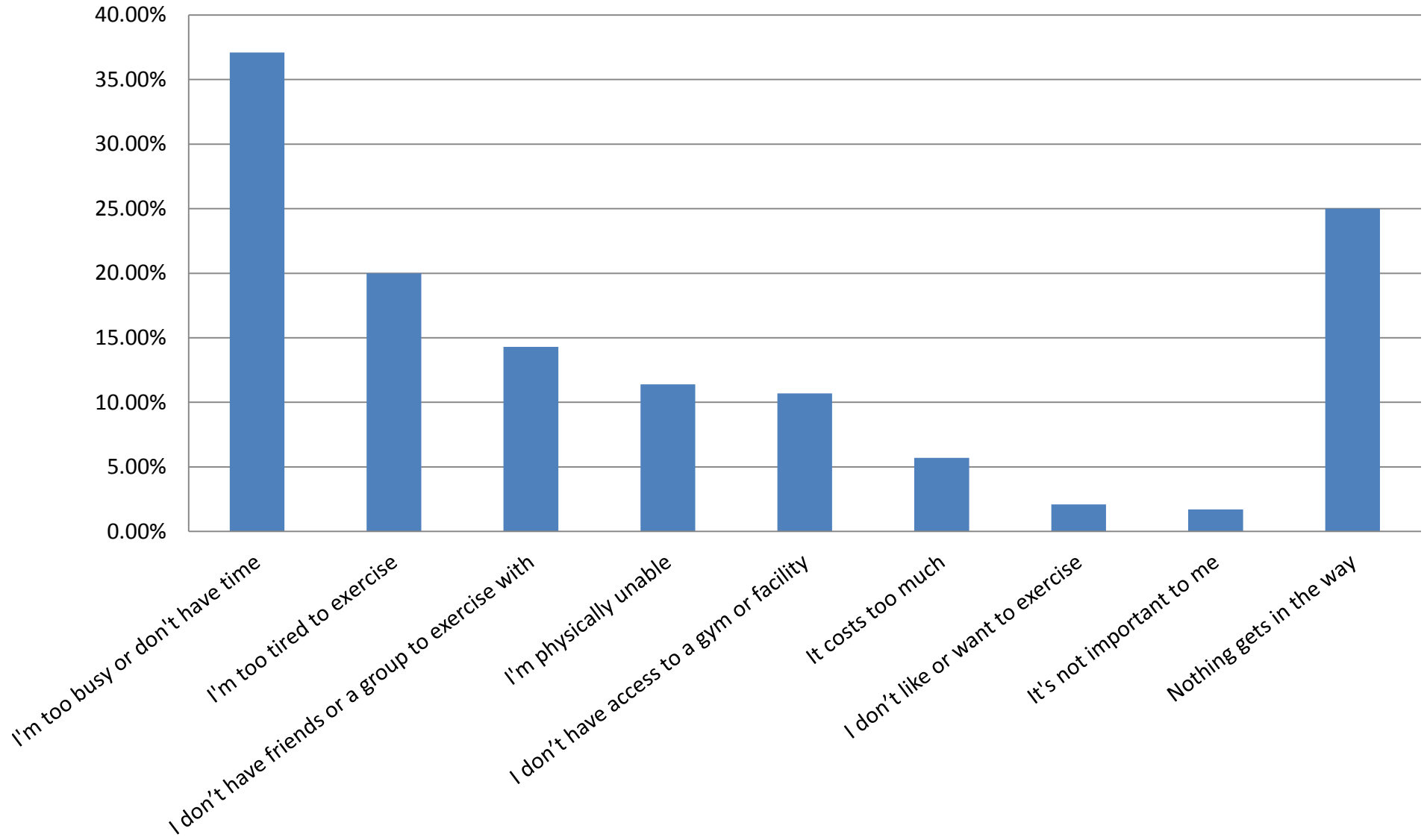
In the last 7 days, how many days were you physically active?

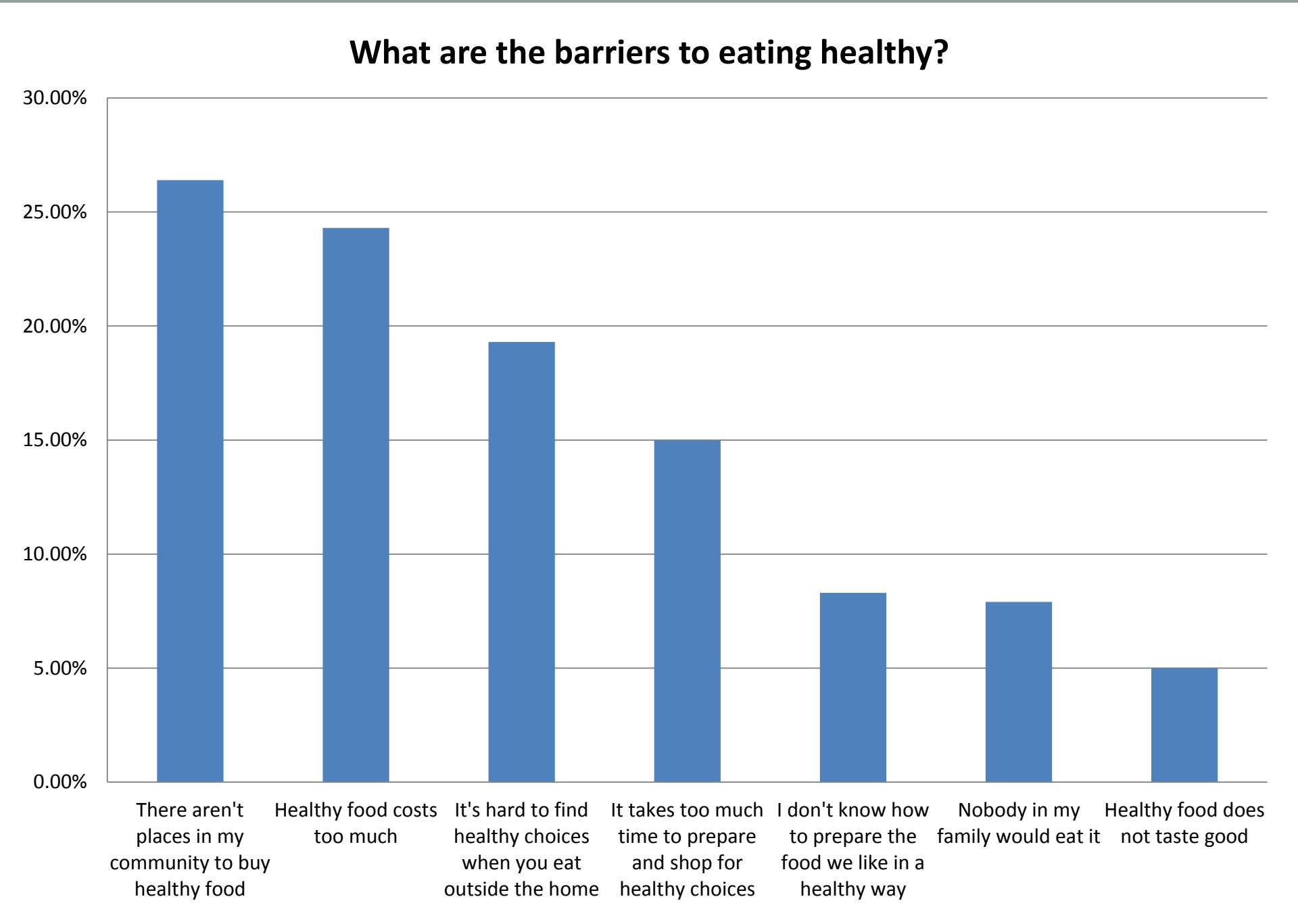


What would help you be more physically active?

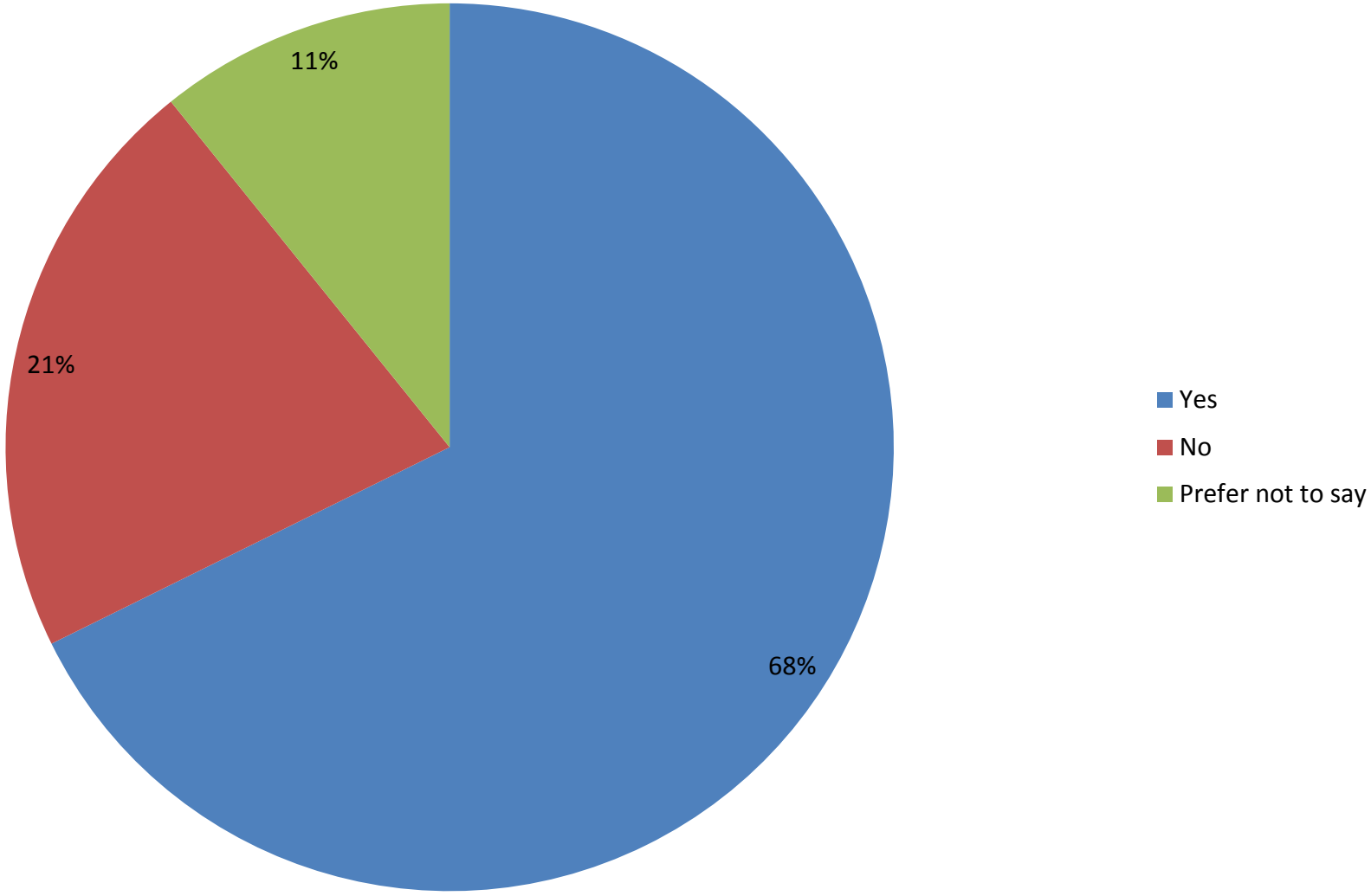


What gets in the way of you being more physically active?

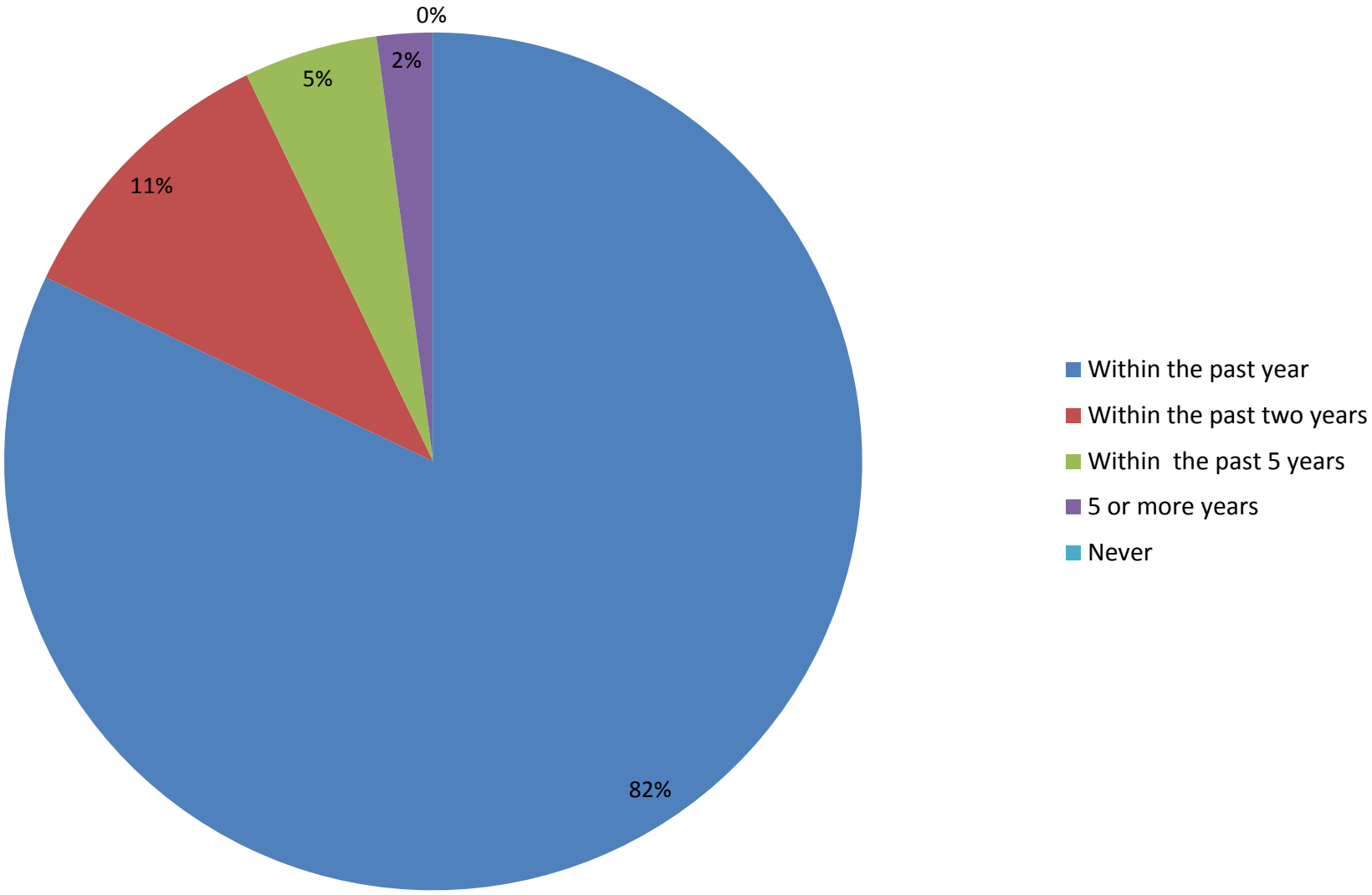



What are the barriers to eating healthy?
30.00%
25.00%
20.00%
15.00%
10.00%
5.00%
0.00%
There aren't places in my community to buy healthy food
Healthy food costs too much
It's hard to find healthy choices when you eat outside the home
It takes too much time to prepare and shop for healthy choices
I don't know how to prepare the food we like in a healthy way
Nobody in my family would eat it
Healthy food does not taste good

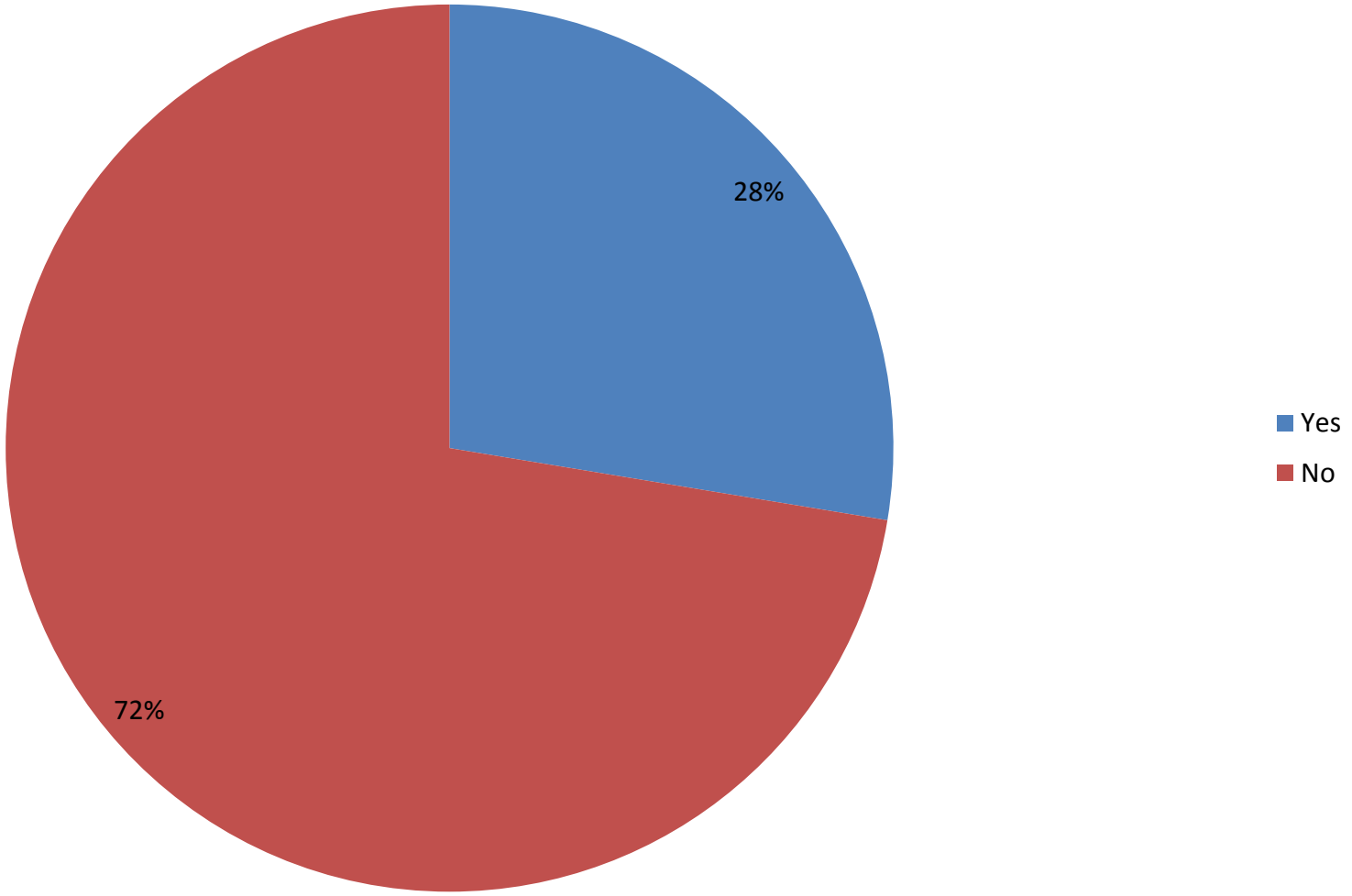
Are you aware of programs to help pay for health care expenses?



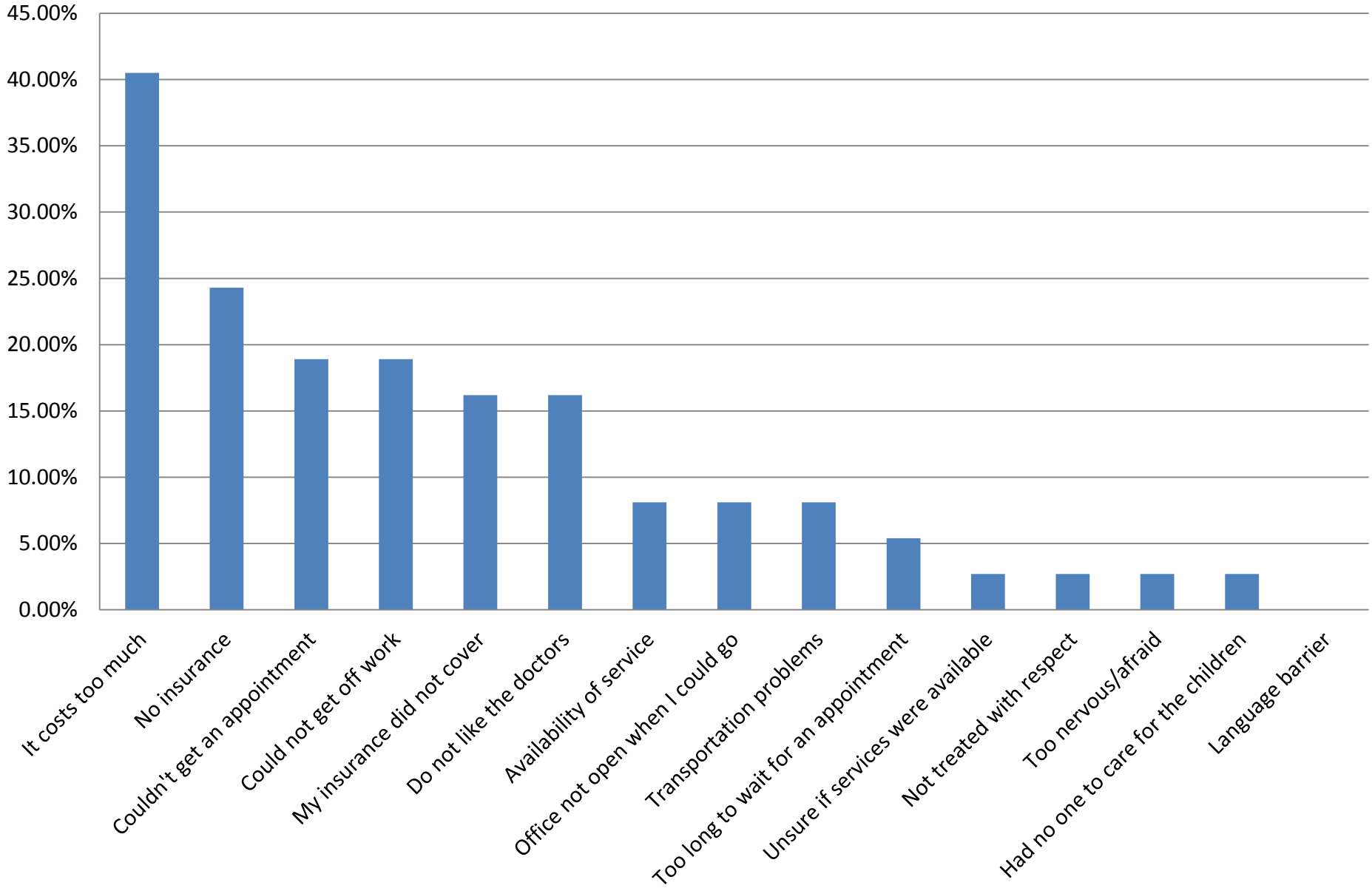
How long since your last routine check-up?



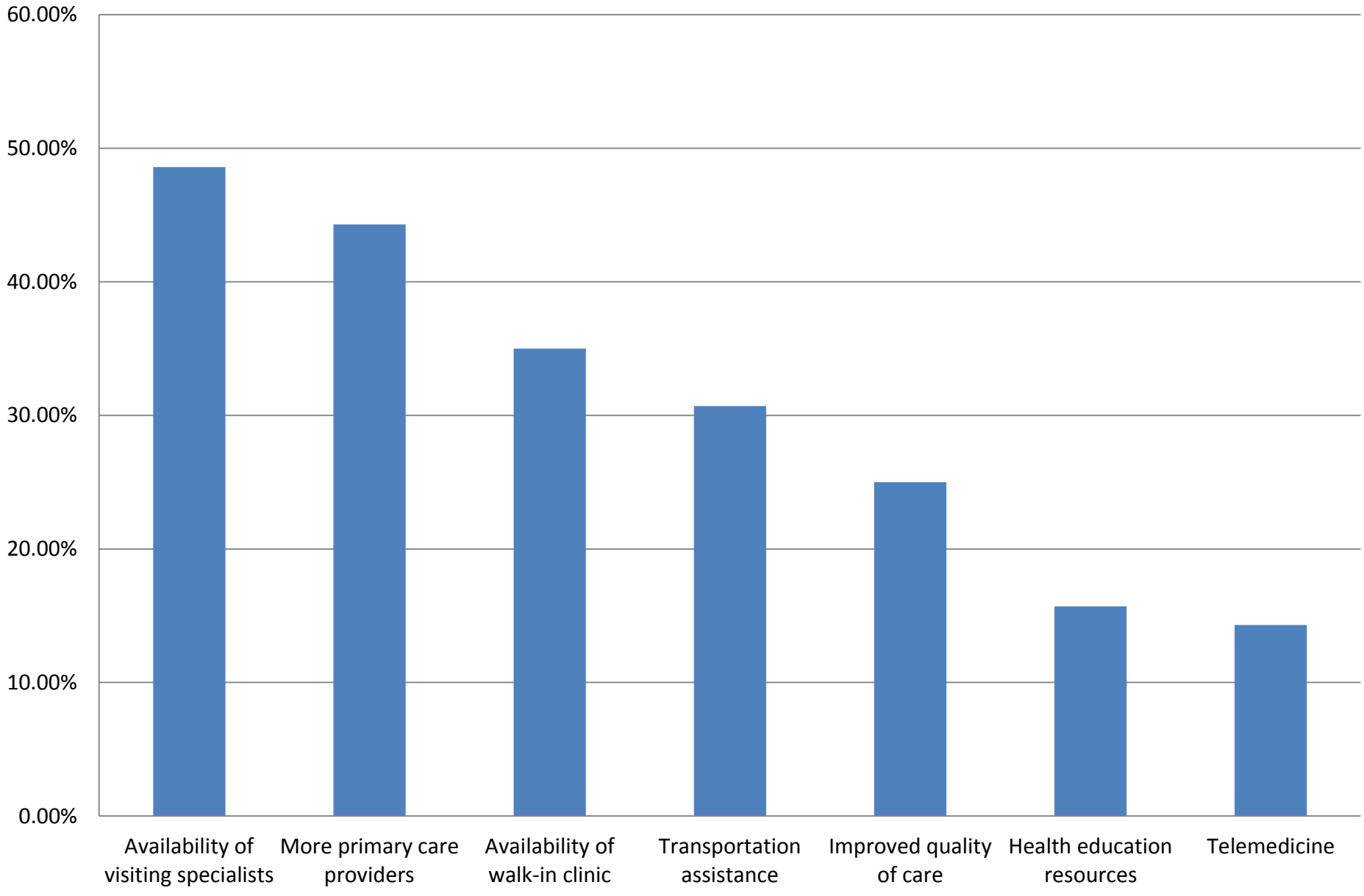
In the past 12 months was there a time when you could not get the health services you needed?



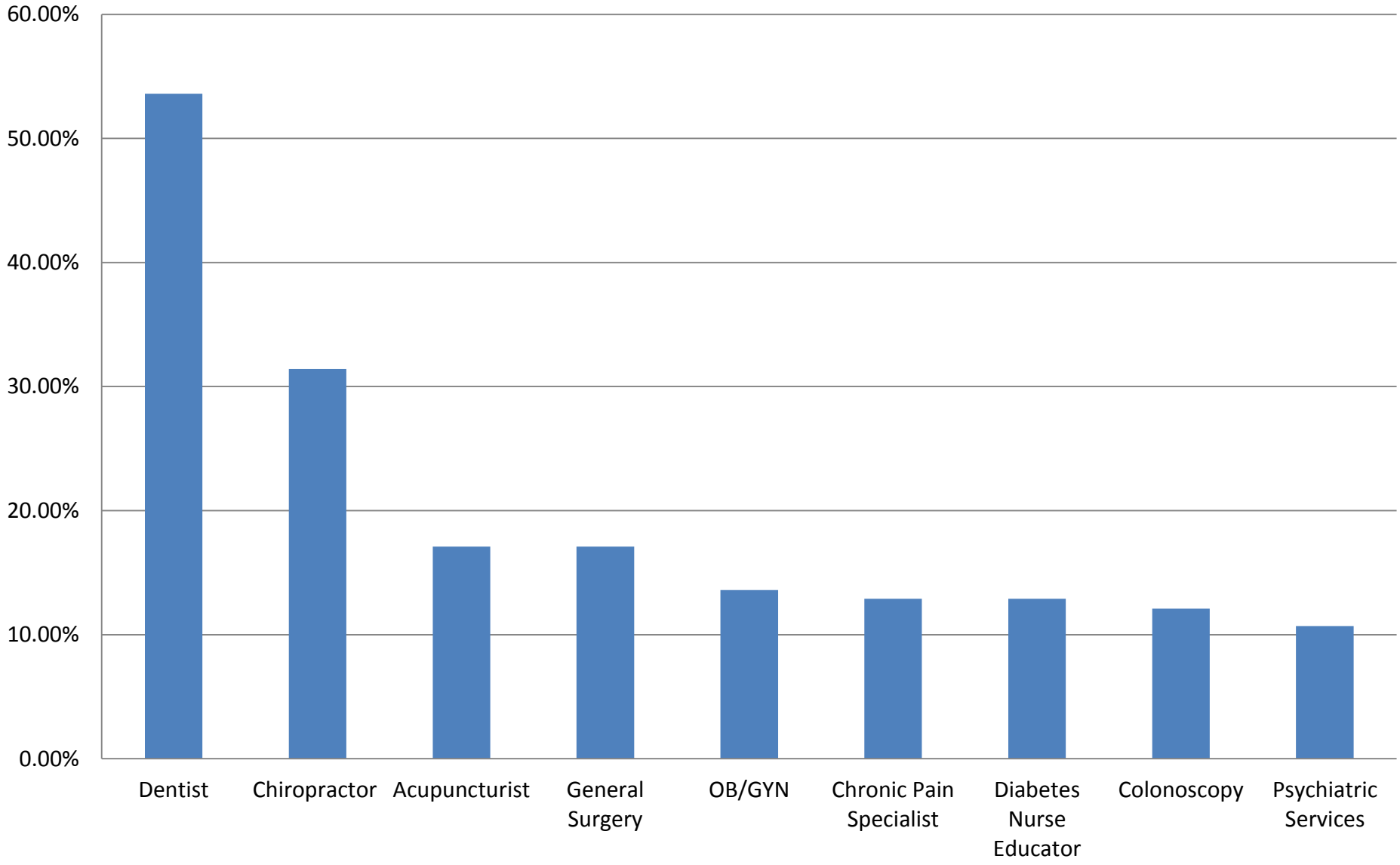
Reasons Why Health Care was Not Received



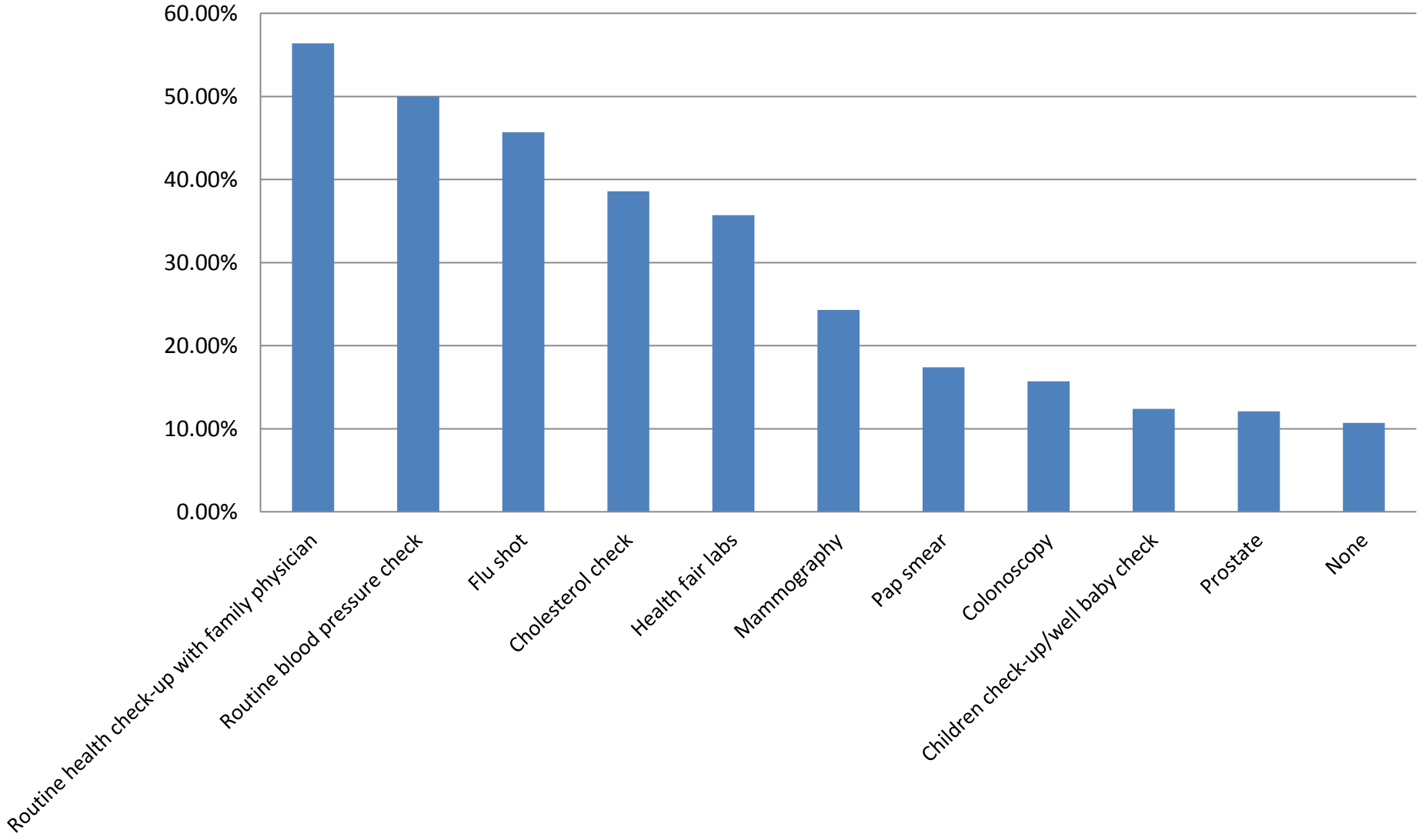
What would improve access to healthcare?



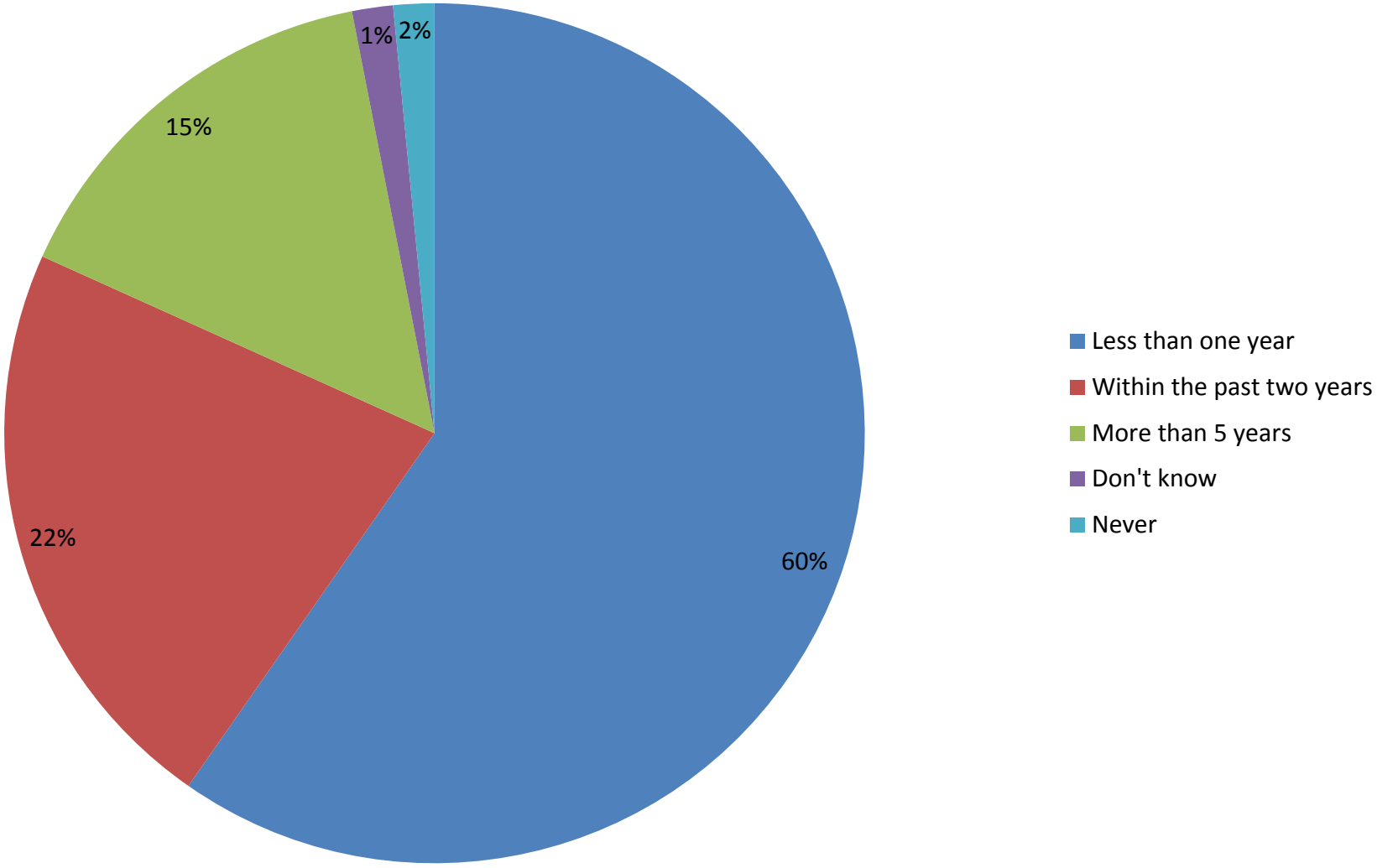
What healthcare professionals or services presently NOT available in Mineral County would you use if they were available locally?



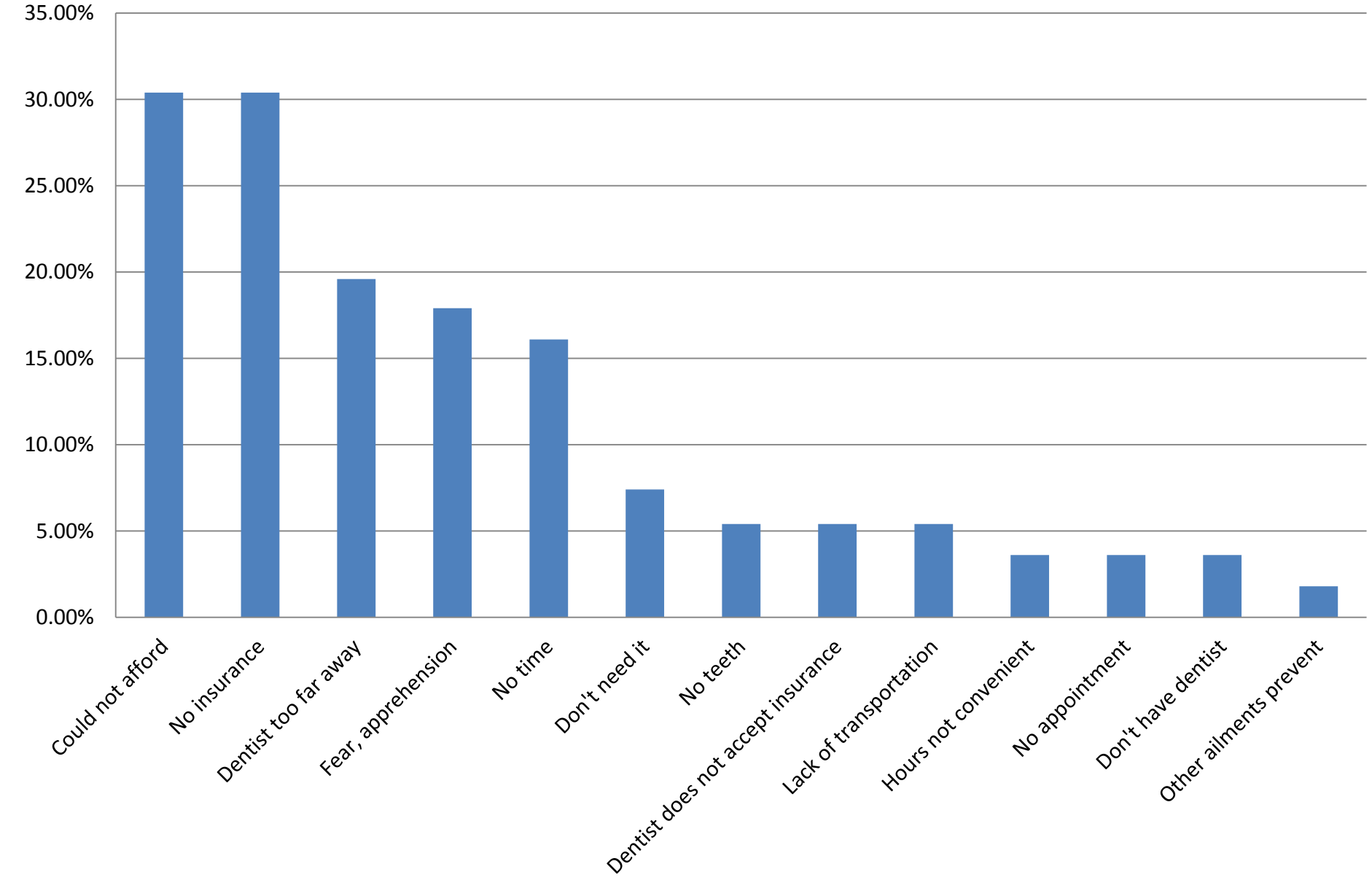
What preventative services have you used in the past year?



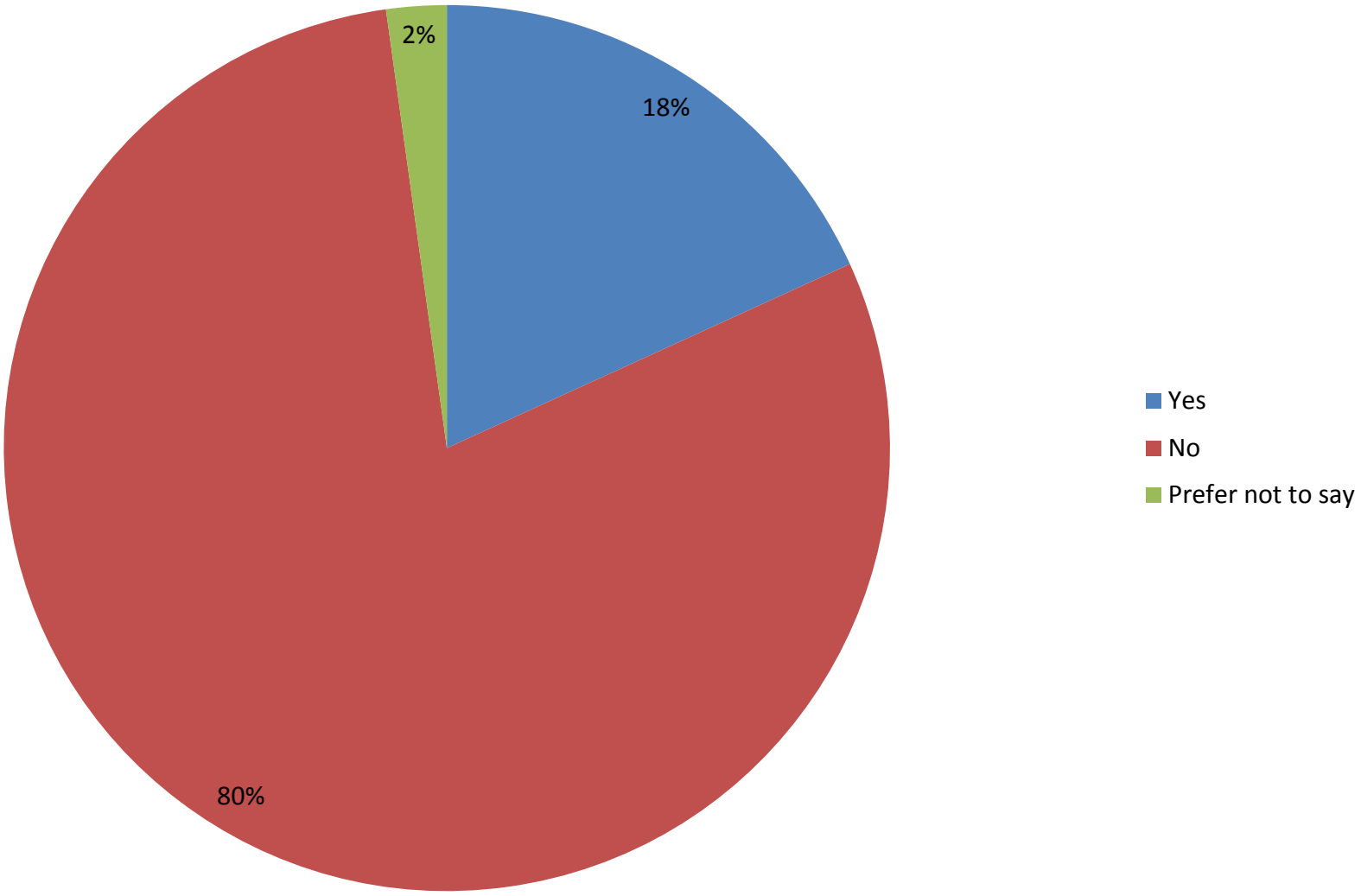
How long has it been since your last visit to the dentist?



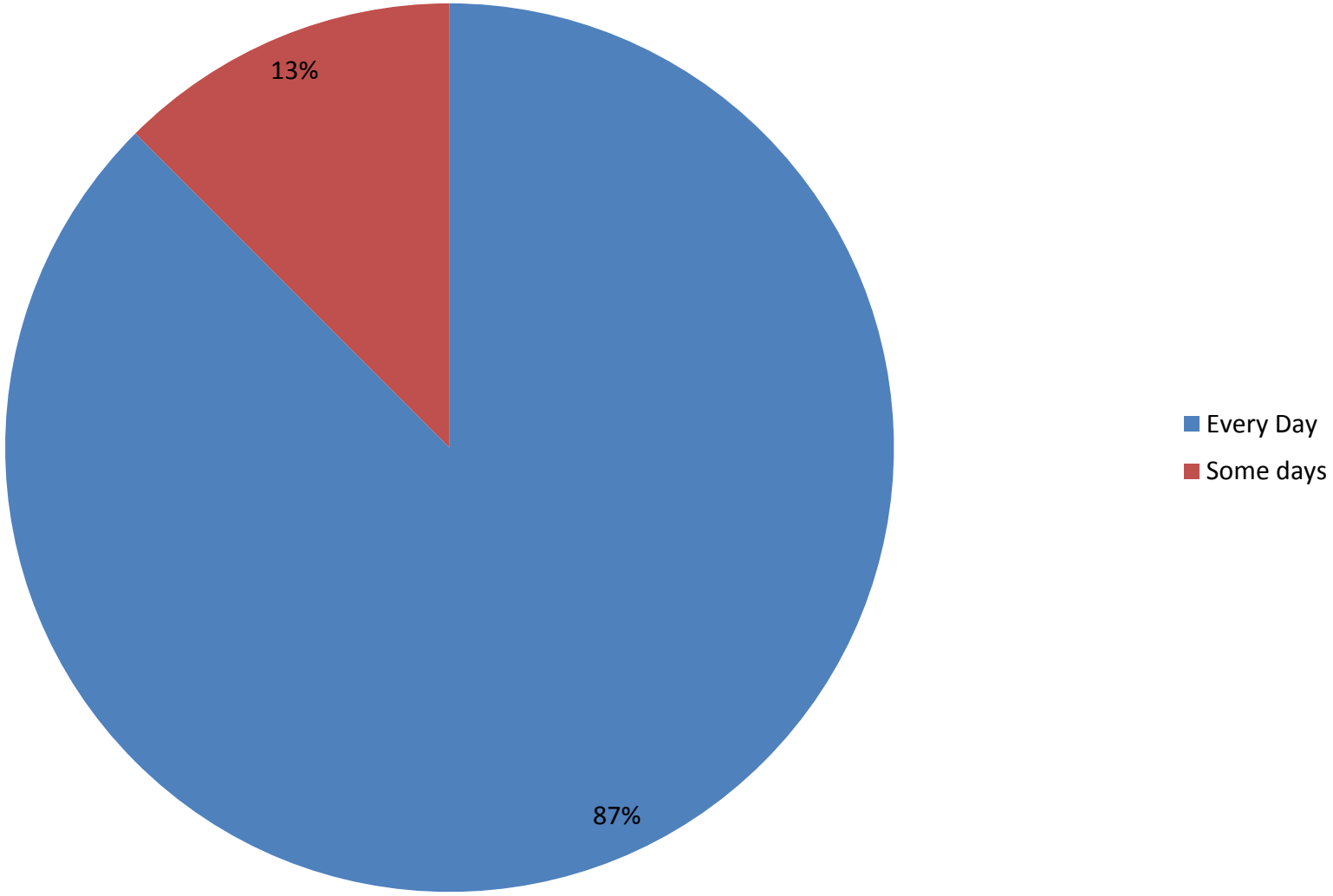
What is the main reason you did not visit a dentist in the past year?



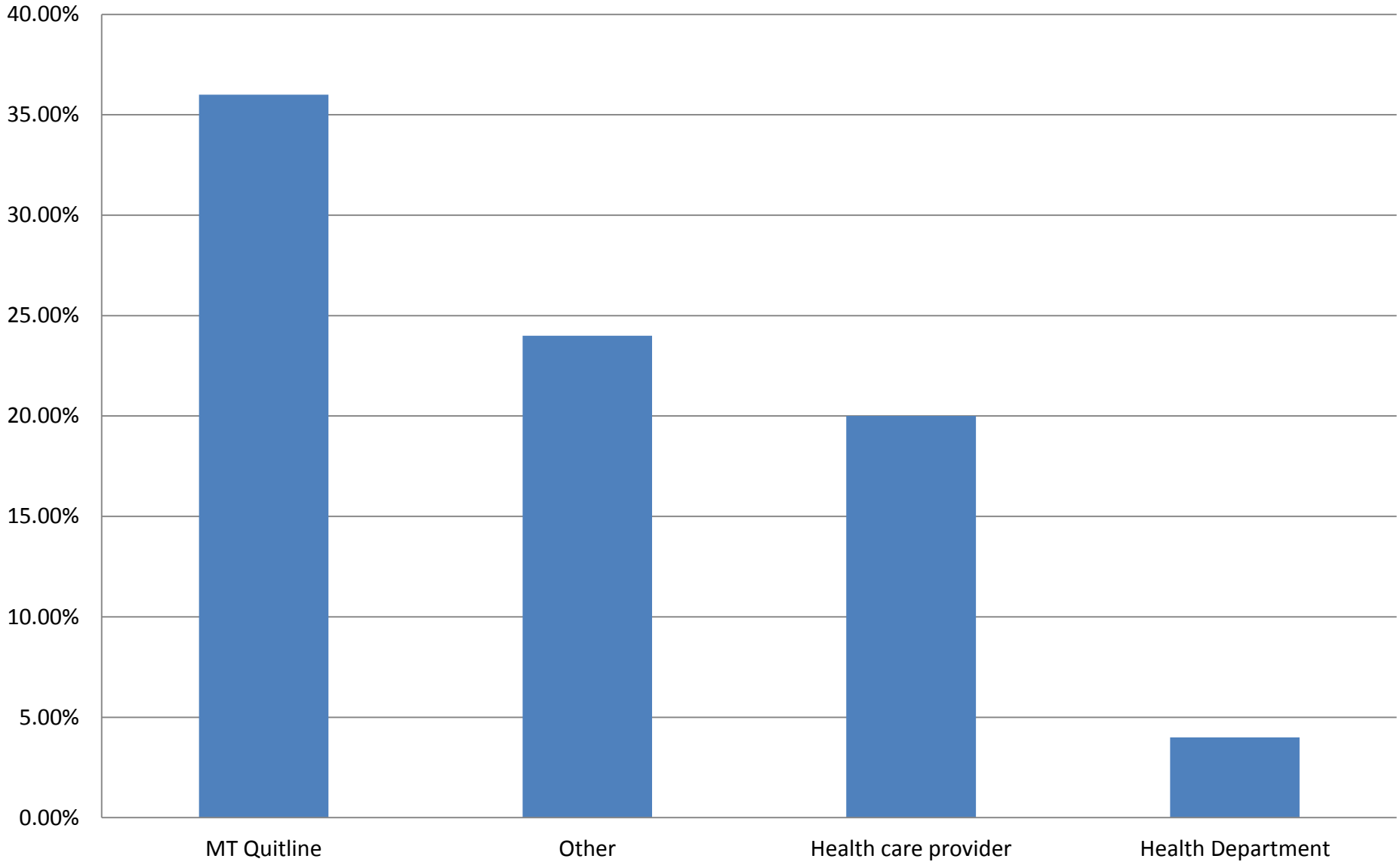
Do you use tobacco?



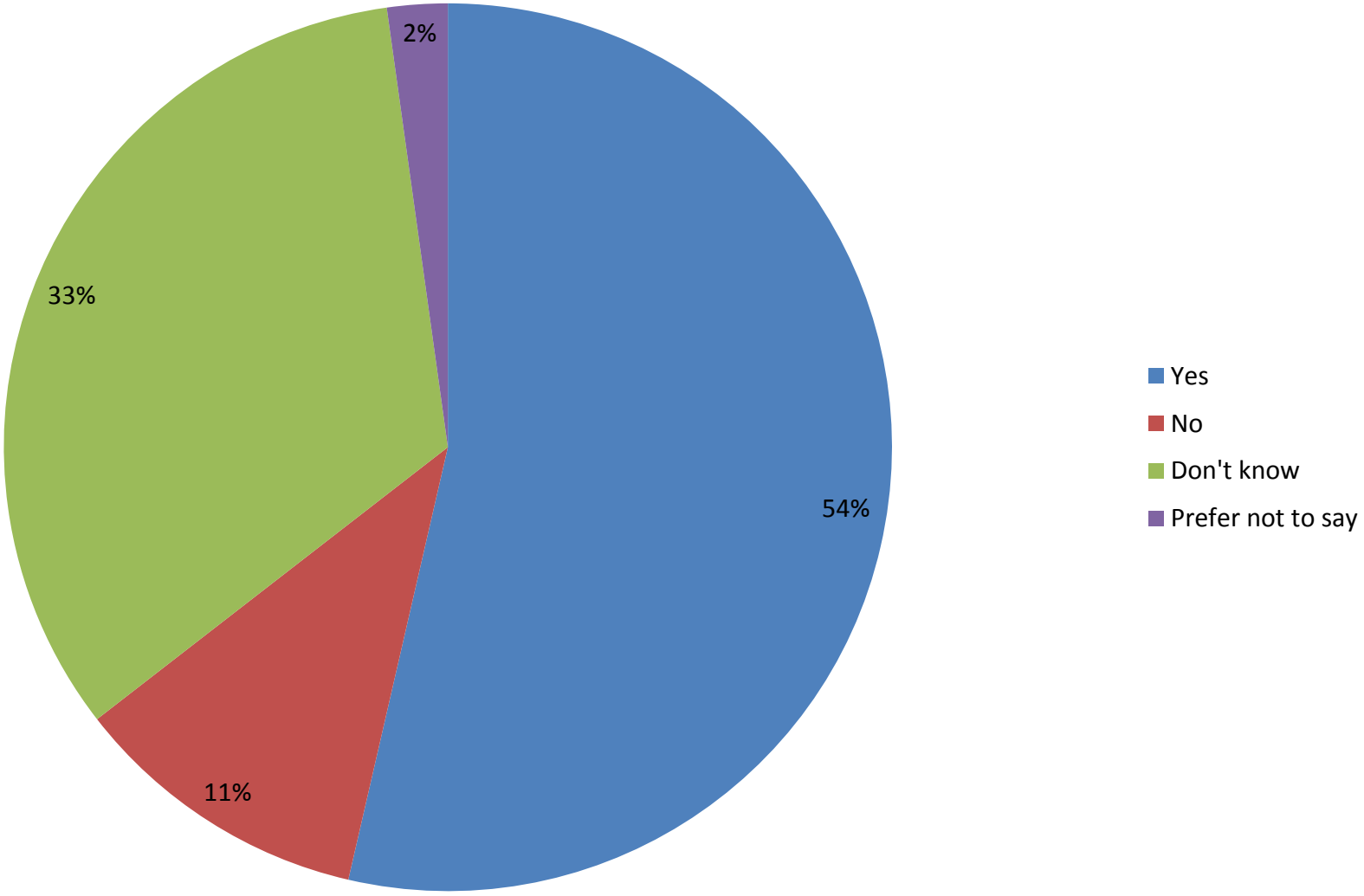
How often do you use cigarettes, chewing tobacco, or e-cigarettes?



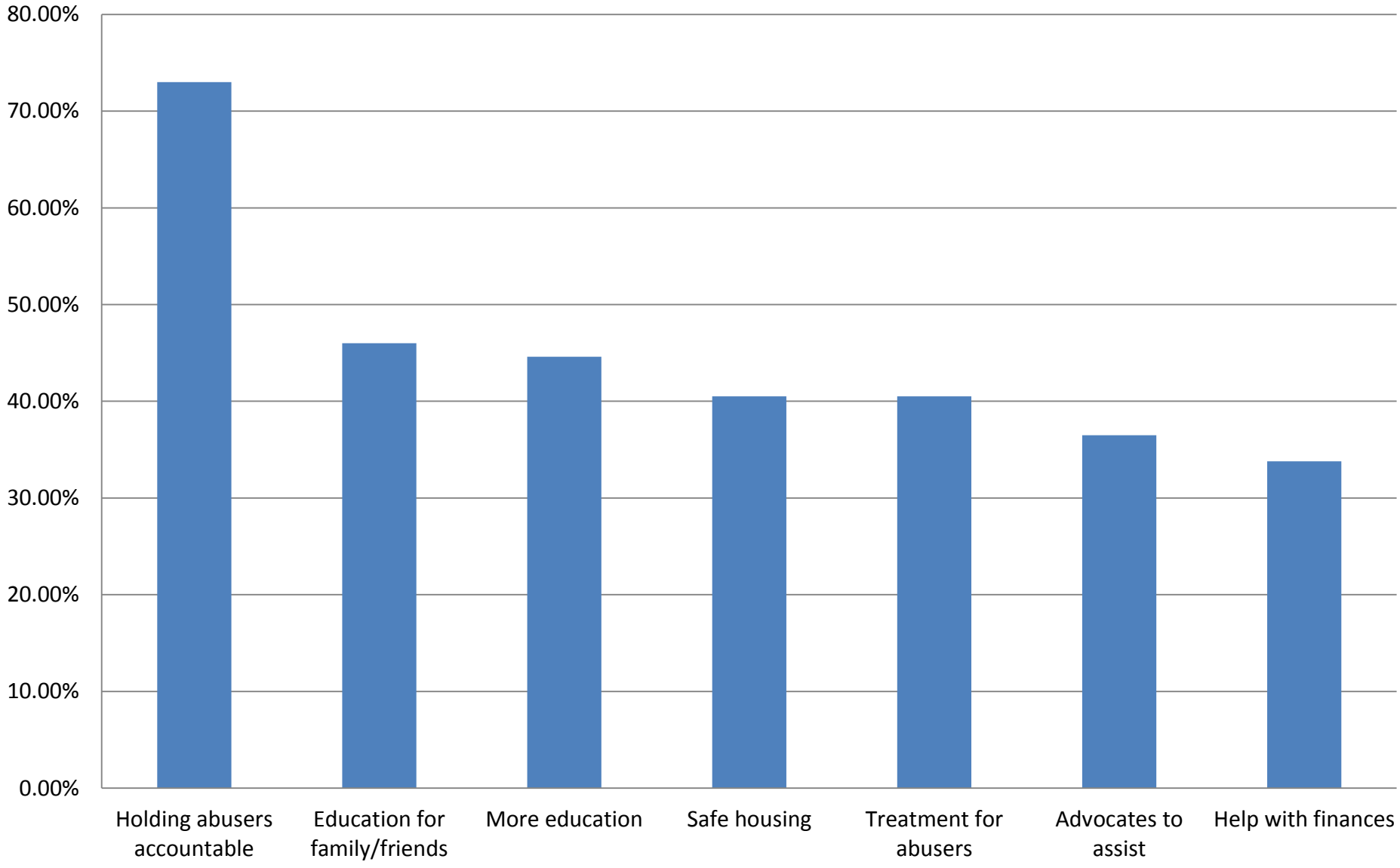
Where would you go for help to quit cigarettes, chewing tobacco, or e-cigarettes?



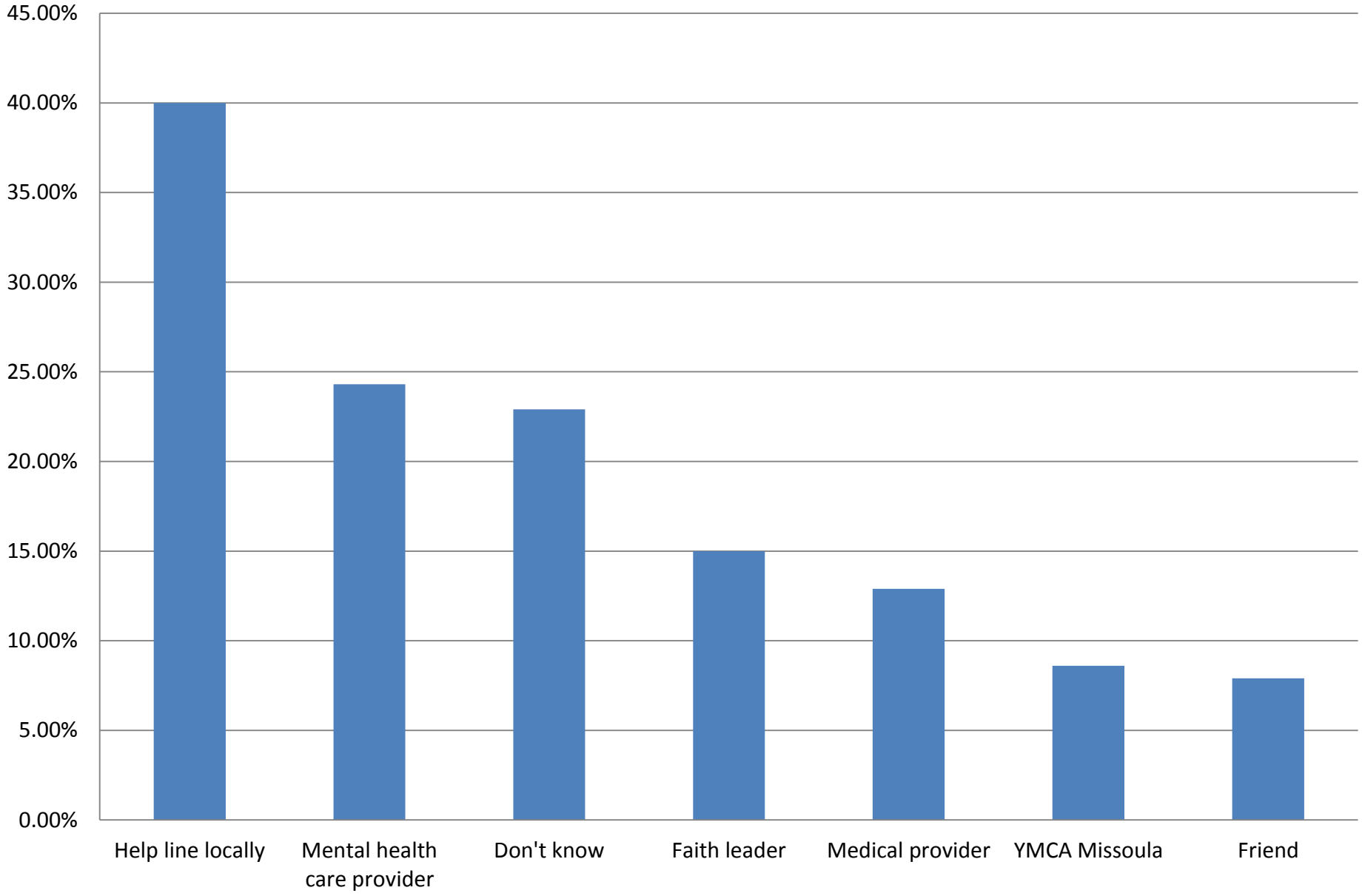
Do you feel that domestic violence is a problem in our community?



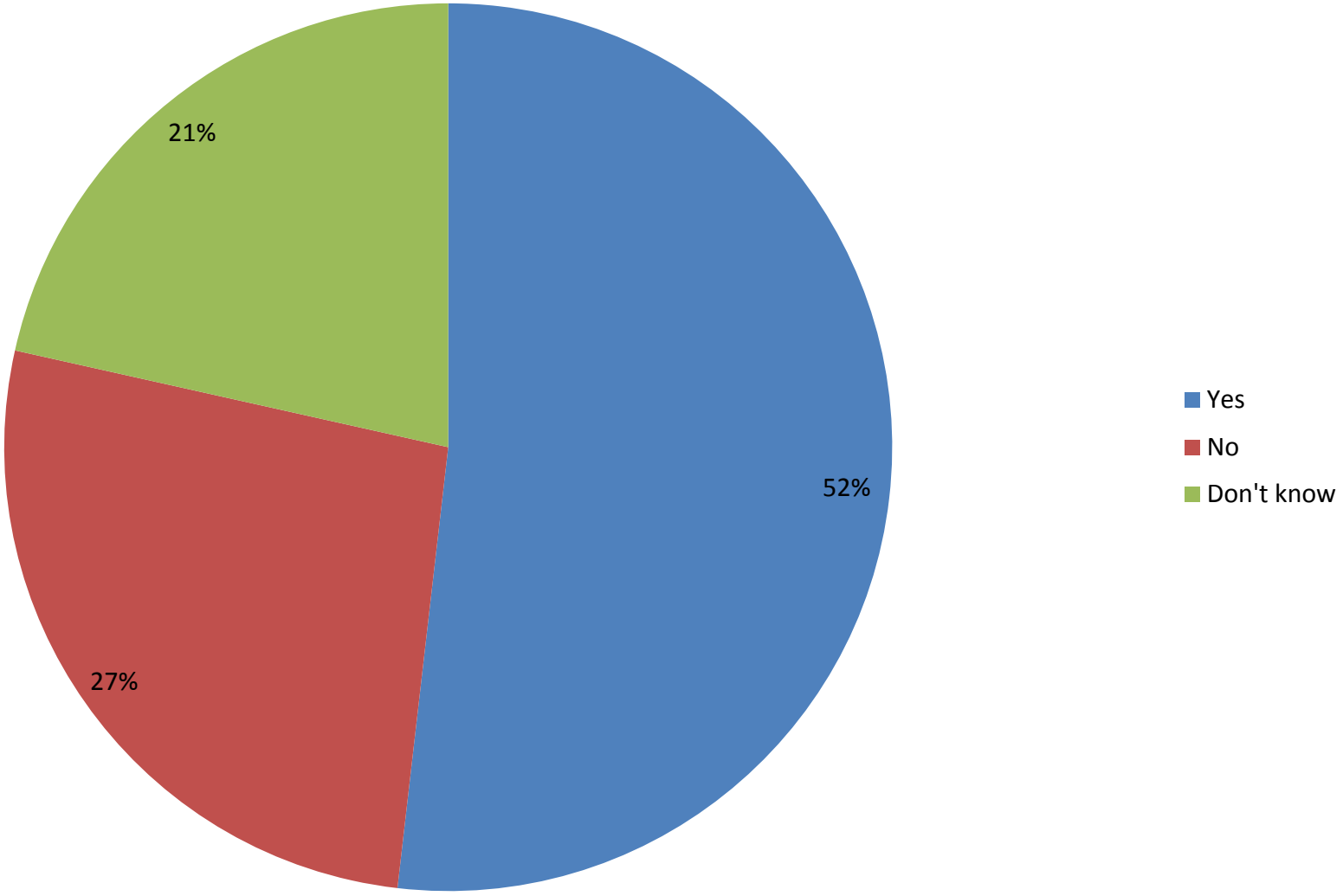
What do you feel could be done to help those dealing with domestic violence?



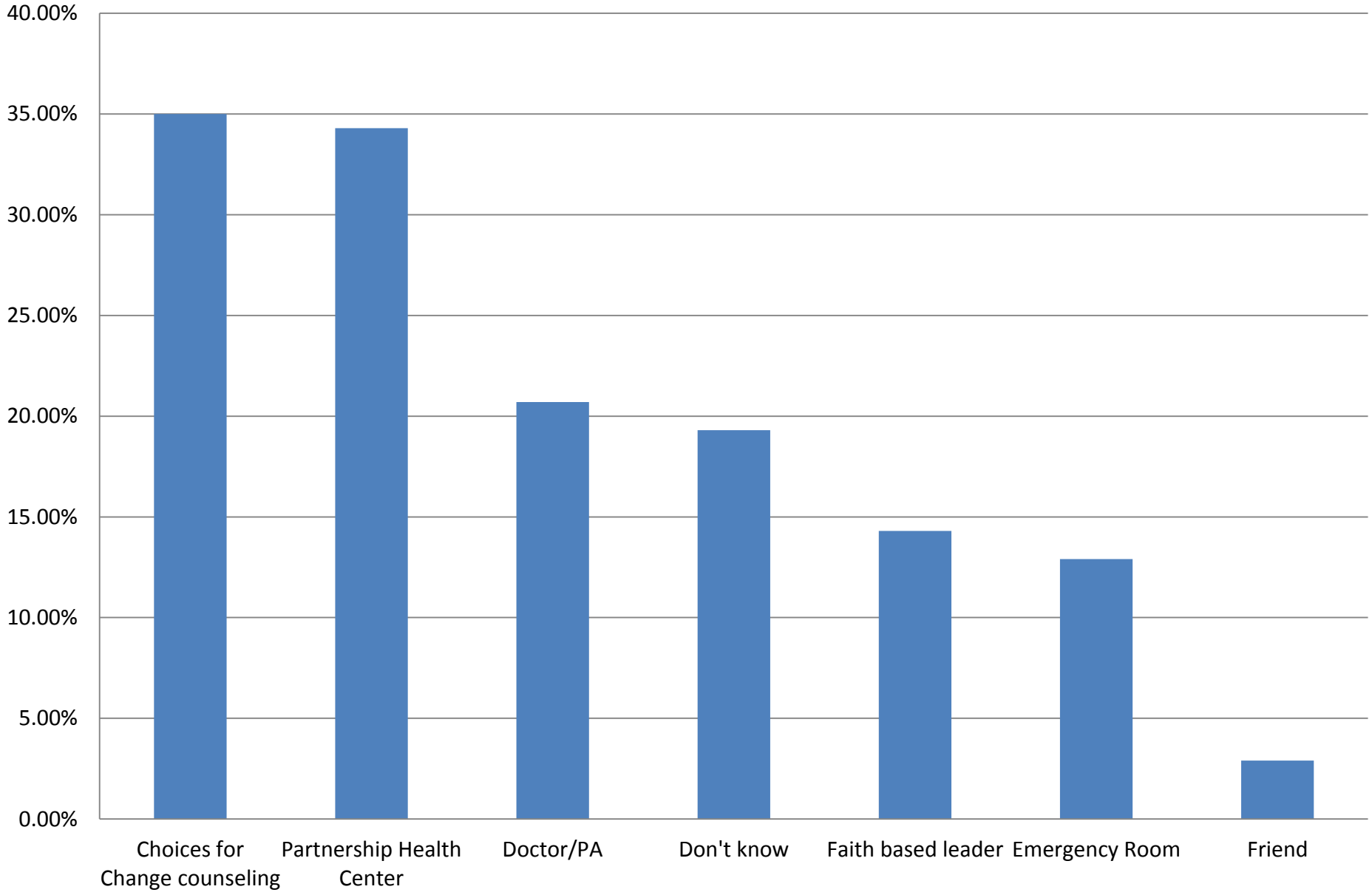
Where would you refer someone for domestic violence?



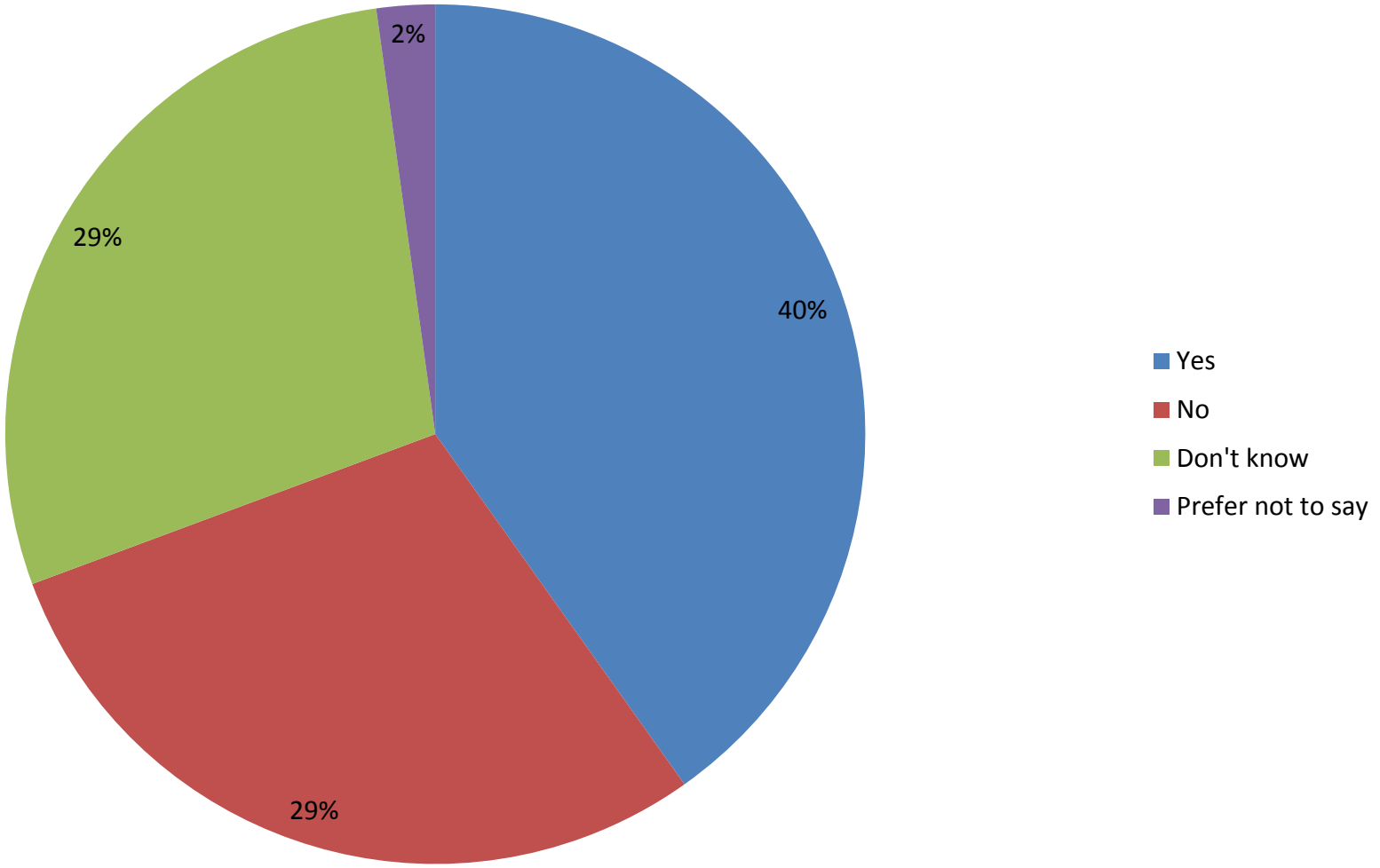
Do you know where someone could go for mental health services?



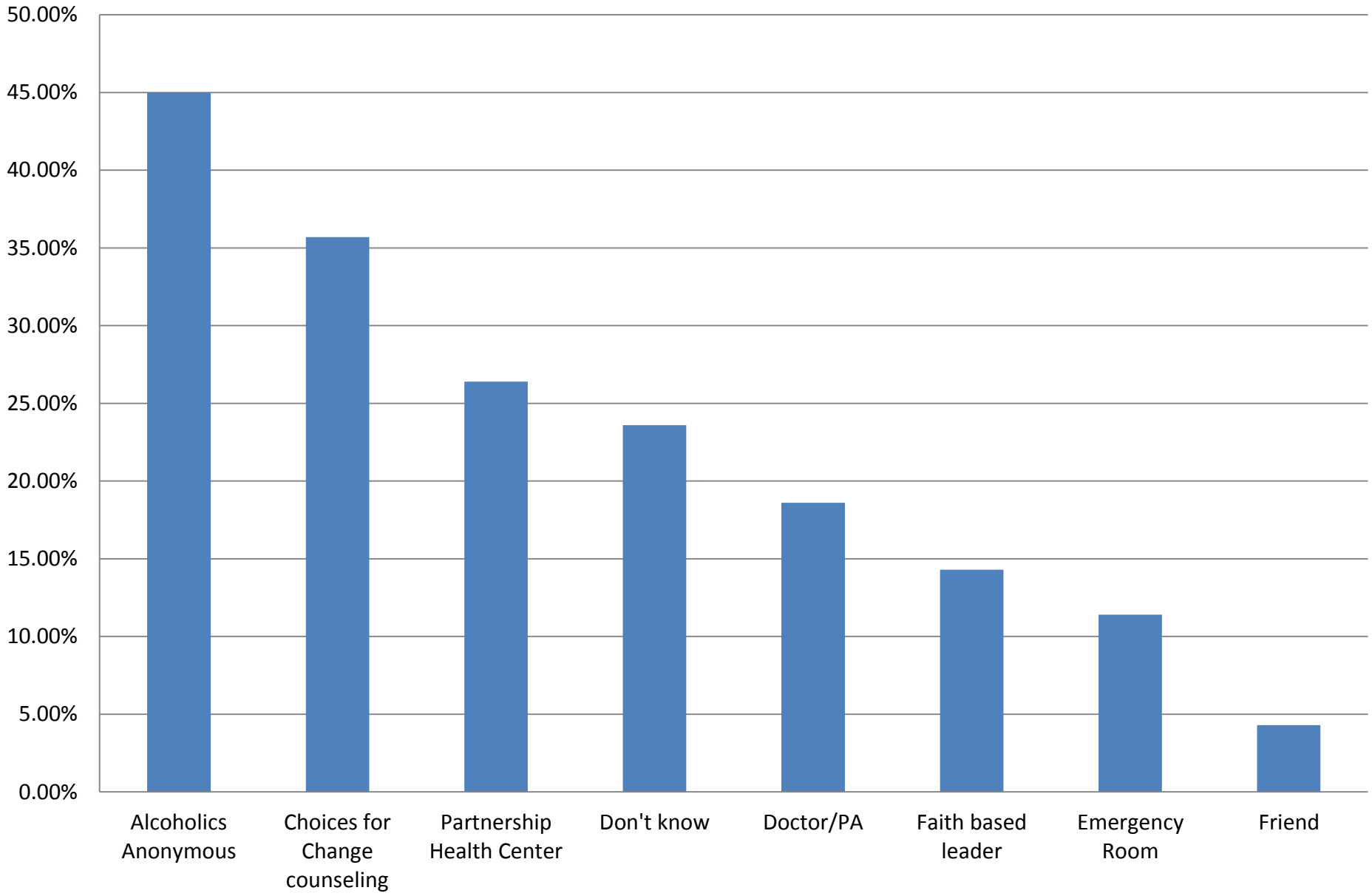
Where would you send someone for mental health services?



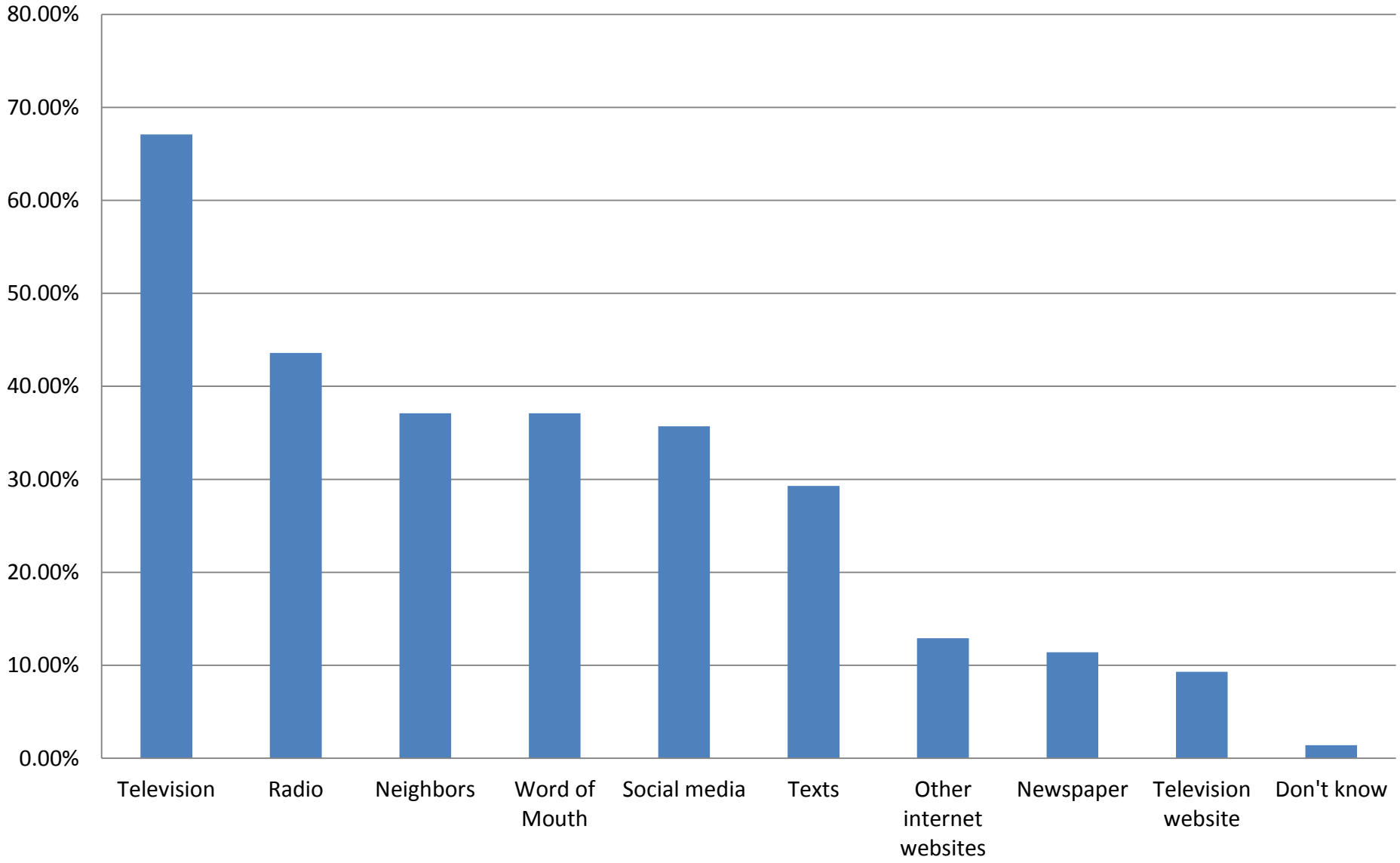
Do you know where someone could go for substance abuse services?

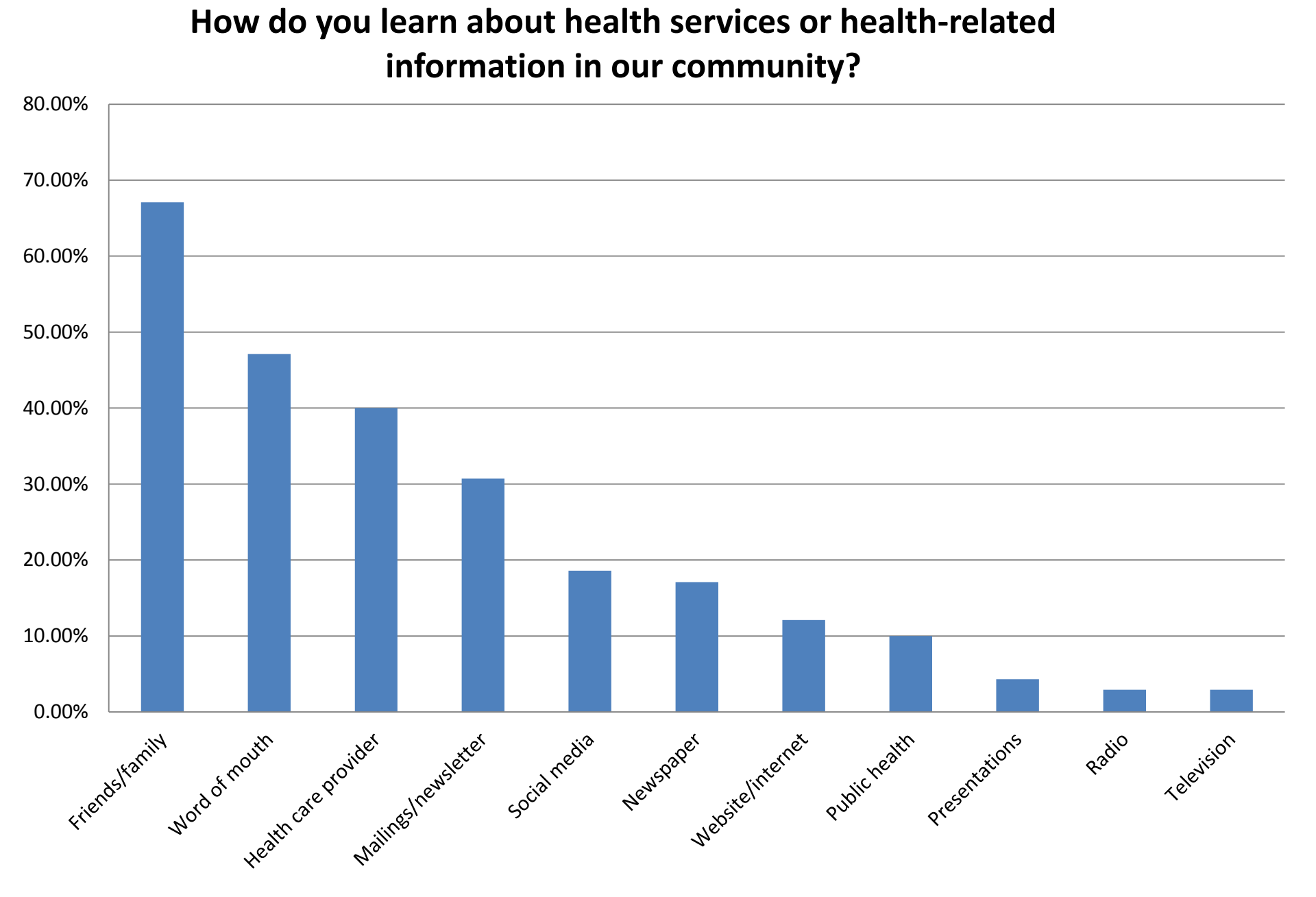


Where would you refer someone for substance abuse services?

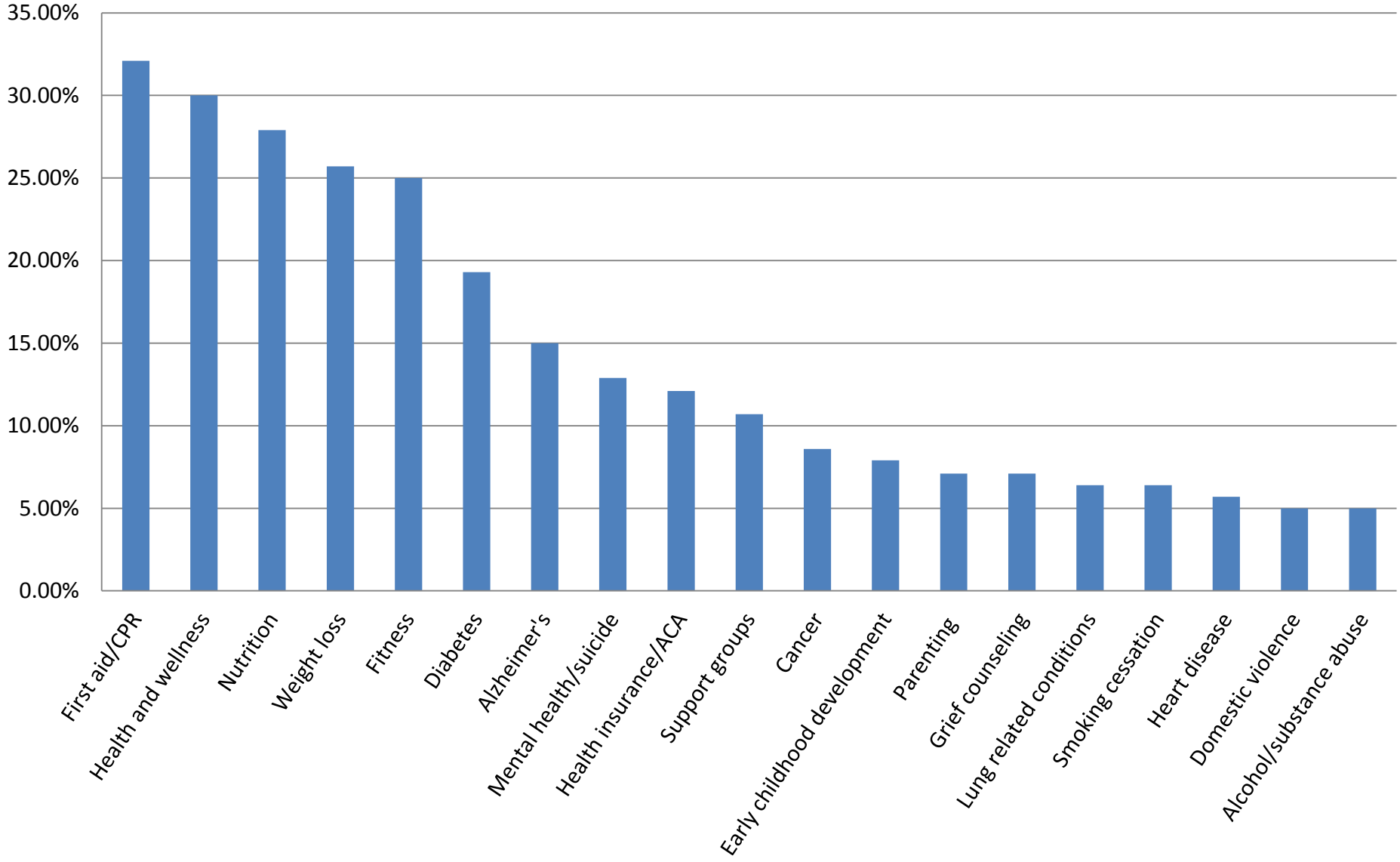
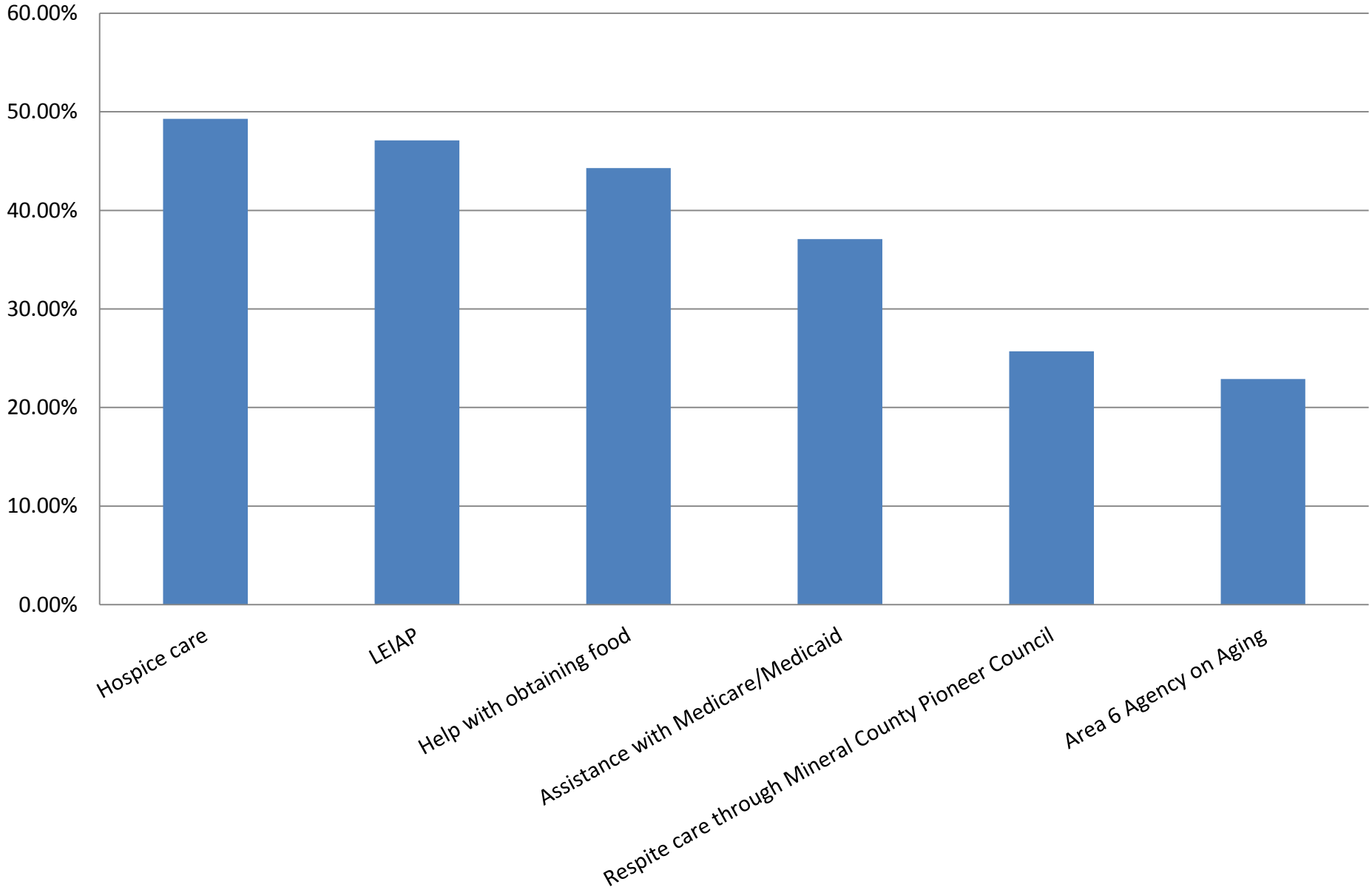


What would be your top three choices of information in a disaster or emergency?




How do you learn about health services or health-related information in our community?
80.00%
70.00%
60.00%
50.00%
40.00%
30.00%
20.00%
10.00%
0.00%
Friends/family
Word of mouth
Health care provider
Mailings/newsletter
Social media
Newspaper
Website/internet
Public health
Presentations
Radio
Television

Which educational classes would you be most interested in attending?



Which aging services are you aware of in Mineral County?