



MINERAL COMMUNITY HOSPITAL

**YOU DESERVE A
PAT ON THE BACK!**



July 5

Cory Billet

July 20

Elizabeth Keith

Hiking for Health Reaches New Heights



The Hiking for Health program is reaching beyond the boundaries of Mineral County. This program, which got off to a slow start in June, has blossomed into one of the most exciting wellness activities Mineral Community Hospital has ever initiated.

Hiking for Health started when local resident, hiker and historian, Jim Cyr, volunteered to take guided tours to various lakes in Mineral County. This story has been picked up by the media in Idaho, Missoula and Great Falls. More than 20 people have been on the hikes, and they absolutely loved the history and the phenomenal scenery.

Here is the schedule of the final three hikes:

- Thursday, August 11—Drive to State Line Road from Little Joe to Rainey Creek Road, stopping to hike Ward Peak
- Saturday, August 13—Hoodoo Pass to Heart Lake
- Saturday, August 20—Cedar Creek Road over Illinois Peak, down to Freeze Out Pass

Take a look on Page 3 at some of the pictures taken by Jerrie Bullock on the last hike.

RSVP TO MONTE TURNER AT (406) 822-5122.
ALL HIKERS GATHER AT MOUNTAIN VIEW VILLAGE NEXT TO
MINERAL COMMUNITY HOSPITAL AT 8:00 AM.
(Questions? Contact Monte Turner 822-5122.)



3 Anndenia Heyer
 4 Ashley Parker
 5 Eva Mae Heintz
 6 Rose Sibert
 6 Keven Wharton
 9 Manny Ruiz
 19 Angie Bohnsack
 20 Jan Testa
 23 Robin McDermott
 31 Ron Gleason



Questions? Comments?
 Suggestions?
 Contact Milzi Francis at
 (406) 822-3713 or
mfrancis@mchospital.net.

Welcome
 TO THE TEAM



Anne Sterzing
 Medical Laboratory
 Technologist



Angie Bohnsack
 Housekeeper

Remembrance of Virginia Ragsdale

and

Luau Party

SATURDAY, AUGUST 27TH ♦ 5 PM

Join us for an evening of fond memories and
farewell to our friend, Virginia Ragsdale,
followed by the annual Luau Party.

Bring your favorite side dish or dessert. This is for our residents,
their families and the employees of Mineral Community Hospital.

We hope to see you then!



Mineral Community
Hospital
Here when you need us

“Chip In” for the Foundation

The Mineral County Medical
Foundation Golf Tournament will
off with a shotgun start at 9:00 am,
Saturday, September 10, 2016, at
Trestle Creek Golf Course in Saint
Regis. Registration will begin at
8:00 am.

We hope that you will help us
ensure a strong future for Mineral
County health care. Come join us
show off your golfing skills and
enjoy the end of summer. A member of your team could take home the **\$50,000 Hole-In-One Prize!** You can also sponsor a hole, fairway or cart for the event.



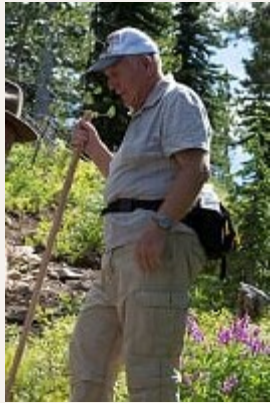
If you are able to join us and/or support our cause, please contact Mitzi at (406) 822-3713.

The Mineral County Medical Foundation is made up of volunteers. To date, they have raised more than \$250,000. The Foundation is always looking for new members. Meetings are held at 12 pm on the second Monday of each month in the clinic conference room. We'd love to see you there!

tee
the

to

HIKING FOR HEALTH Photos from the July 19, 2016 Hike to Eagle Cliff



HIKERS

What you need to know

- Meet at Mountain View Village Assisted Living of Mineral Community Hospital (1310 6th Ave E) at 8 am.
- Bring plenty of water, high-energy snacks and fruit (grapes, etc.)
- Wear good, sturdy hiking shoes. Bring a walking stick if you have one.
- Bring a first-aid kit if you have one. Make sure to have plenty of sunscreen.
- Bring a backpack that won't slip.
- These hikes are **FREE!** We want our County to be healthy while enjoying the great outdoors in Mineral County!
- Can't hike? We can always use volunteer drivers to the trail head.