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MINERAL COMMUNITY HOSPITAL







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Questions? Comments? Suggestions? Contact Milzi Francis at (406) 822-3713 or mfrancis@mchospital.net.

MCH IS PROUD OF NEW WEBSITE

We're delighted to introduce the new Mineral Community Hospital website! Go to www.MineralCommunityHospital.org to take a look.

Rebuilt from the ground up, the new site provides a more comprehensive overview of who we are and what we provide here. We've also updated the look of our website to create a more modern and engaging experience.

Some exciting elements of the new website include:

- History of the hospital
- Meet our Providers
- Expanded information about our services
- Information about the Mineral County Medical Foundation
- Job opportunities
- Access the Patient Portal
- Community Calendar

The Community Calendar is the go-to place for events and

activities taking place in Mineral County. Sporting events, concerts, Senior Citizens dinners and American Legion meetings (just to name a few) are located on our calendar. Just go to our website and click on "Community Calendar". If you have an event you'd like to put on the calendar, go to "Submit your Event" under the Community Calendar heading.

We are so proud of this website. Please take a few minutes to look through the website. We'd love to hear your comments!



The Pulse

AN UNDENIABLE TRUTH: SEATBELTS SAVE LIVES



According to the Centers for Disease Control, motor vehicle crashes are the leading cause of death in the first three decades of Americans' lives. In each of the last seven years, crashes killed over 35,000 people and injured another 2.2 million—more than 70% of these were in passenger vehicles and trucks. These numbers are steadily increasing. More than half of the people killed in car crashes were not restrained at the time of

the crash. Wearing a seat belt is the most effective way to prevent death and serious injury in a crash.

Seat belt use is on the rise. Laws, education, and technology have increased seat belt use from 11% in 1981 to nearly 85% in 2010³, saving hundreds of thousands of lives. Yet, about 1 in 7 people still don't buckle up.

So the next time you get in your car to run an errand two blocks down the street or when you're going on a 1,000 mile journey, stop and think about the loved ones you may leave behind if you're not wearing your seatbelt and you die in a car crash. Please don't put them through that. **Buckle up. Every time. For Life.**

A CHANGE IN THE PULSE

The first MCH newsletter, The Pulse, was sent out in February of 2013. There's been a lot of great information that's gone out to Mineral Community Hospital employees and community members.

With the brand new website now up and running, my time will be focused more on keeping it up-todate. Therefore, The Pulse will become a quarterly newsletter. As always, if you have anything you'd like to be included, please send your information to me. Thanks, Mitzi

"Chip In" for the Foundation

The Mineral County Medical Foundation Golf Tournament will tee off with a shotgun start at 9:00 am, Saturday, September 10, 2016, at the Trestle Creek Golf Course in Saint Regis. Registration will begin at 8:00 am.

We hope that you will help us ensure a strong future for Mineral County health care. Come join us to show off your



golfing skills and enjoy the end of summer. A member of your team could take home the **\$50,000 Hole-In-One Prize!** You can also sponsor a hole, fairway or cart for the event.

If you are able to join us to help raise money for Mineral County, please contact Mitzi at (406) 822-3713.

The Mineral County Medical Foundation is made up of volunteers. To date, they have raised more than \$250,000. The Foundation is always looking for new members. Meetings are held at 12 pm on the second Monday of each month in the clinic conference room. We'd love to see you there!